



Bears:

I appreciate your desire to join the BTHS Wrestling program. Listed below you will find important information, dates and requirements. Wrestling at Bartram Trail is not easy, but like most things in life – the greater the challenge, the greater the growth. You will quickly discover our primary goal is to help you grow into the best student-athlete, teammate, leader, and young man you can be.

Wrestling is a privilege. You will be expected to choose a great attitude and give great effort every day. Do your best to be your best: at home, in the classroom, and on the mat. Pursue excellence in all you do.

Requirements:

Registration – You must be registered as an incoming student at Bartram Trail High School.

Athletic Physicals and Forms – You must have a current athletic physical (EL2) and

Consent and Release from Liability Certificate (EL3). These forms are available on the

Athletic Web Page. <https://www-bths.stjohns.k12.fl.us/athletics/forms/>

Our off season program will run all summer long and be held in the Bartram Trail Wrestling Room. The schedule is as follows: Monday, Tuesday and Thursday evenings from 6:00 PM until 7:30 PM. All participants will need a valid AAU wrestling card.

For more information on our off season wrestling program please contact me at (904) 566-5038 and I will get you all if the information that you need.

Chad Parker

Head Wrestling Coach