

Announcements for Wednesday, May 24, 2023

- ❖ We are still collecting items for Home Again St. Johns facility in St. Augustine, cleaning supplies such as bleach, dish washing liquid, 409 or Lysol type spray cleaner, and sanitizer wipes and wrapped disposable razors. Drop off location is with Ms. Richards in Guidance.
- ❖ Last chance to earn service hours this year for a great cause. NHS and Ladybug Service Club is collecting individually wrapped hand wipes, construction paper, crayons, tissue paper, and glue sticks. Drop off in boxes in front of N221, N202 and Guidance.
- ❖ May is Mental Health Awareness month. **Eat some dark chocolate.** Flavonoids, caffeine, and theobromine in chocolate are thought to work together to improve alertness and mental skills.