

Announcements for Monday, May 15, 2023

- ❖ May is Mental Health Awareness month. **Go to bed 30 minutes earlier than usual.** There's nothing more important than sleep. You'd be surprised what an extra 30 minutes can do.

- ❖ **There will be a SJR Dual Enrollment Help Session -- TODAY in the Media Center.** Students who plan on taking dual enrollment courses at SJR in the Fall can come to the BTHS **Media Center** during **Period 1, 2, 3, or 4** to receive help with the Dual Enrollment Packet. Students must come on a pass or during your designated lunch period.

- ❖ The Bartram Trail Swim and Dive team will be holding a Zoom Meeting from 8:00 - 8:45pm on May 23rd for incoming high schoolers or swimmers that will be attending Bartram Trail High School. We will be going over High School swimming basics and the upcoming 2023 season.
 - <https://us04web.zoom.us/j/77159913209?pwd=opb72D7FJvutawdPbQuEAte0v3dWox.1>