BARTRAM TRAIL HIGH SCHOOL

GIRLS WEIGHTLIFTING

2026-27 SCHEDULE

DATE	DAY	OPPONENT	LIFT TIME
November			
4	Wed	@ Nease	4:30pm
18	Wed	@ Creekside / Matanzas	4:30pm
DECEMBER			
9	Wed	@ Saint Augustine SJC Championship	Weigh In 2pm lift at 4pm
16	Wed	@ BTHS Intra-Squad Lift (Senior Night)	5:30 pm
JANUARY			
6	Wed	@ Pedro Menendez	4:30pm
13-16		District Tournament	TBD
20-23		Regional Tournament	TBD
FEBRUARY			
4-6		FHSAA CLASS 3A GIRLS STATE WEIGHTLIFTING FINAL Lakeland, FL	TBD

As of 18 Sep 26

LADY STRENGTH
BARTRAM TRAIL