

BARTRAM TRAIL HIGH SCHOOL

GIRLS WEIGHTLIFTING

2025-2026 SCHEDULE

DATE	DAY	OPPONENT	LIFT TIME
OCTOBER			
29	Wed	@ St. Augustine	3:30 PM
NOVEMBER			
5	Wed	@ PEDRO MENENDEZ w/ Nease	3:30pm
19	Wed	@ Creekside	3:30pm
24-28		Thanksgiving Break	
DECEMBER			
3	Wed	@ MATANZAS w/ DeLand	3:30pm
10	Wed	COUNTY MEET @ St. Augustine	2:00pm
17	Wed	Vs Nease in BTHS Weightroom	3:30pm
22-26		Winter Break	
JANUARY			
Dec 28-Jan3		Practice Times TBD	
7	Wed	Senior Night vs Pedro Menendez	5:00pm
18-23		DISTRICTS	TBA
28-30		REGIONALS	TBA
February			
11-13		STATES	

