

BARTRAM TRAIL HIGH SCHOOL

GIRLS WEIGHTLIFTING

2024-25 SCHEDULE

DATE	DAY	OPPONENT	LIFT TIME
October			
30	Wed	@ St Augustine	4:30pm No spectators
November			
6	Wed	@ Creekside	5:00pm
13	Wed	@ Nease	4:30pm
21	Thur	@ Fleming Island / RHS	6:00pm
27	Wed	Thanksgiving Break	Open
DECEMBER			
4	Wed	Bishop Kenny [BT Wgt Rm]	5:00pm No spectators
11	Wed	SJC Championship [SAHS]	Weigh In 2p Lift at 4pm
18	Wed	OPEN	
Dec. 21 to Jan 3		HOLIDAY BREAK – PRACTICE SCHEDULE	10 am
JANUARY			
8	Wed	@ Pedro Menendez	4:30pm
15	Wed	Nease [Senior Night] BT	5:30 pm
25	Sat.	DISTRICT 3- 3A FINAL Creekside HS	9:30am
FEBRUARY			
1	Sat.	3A REGION 1 FINAL Flagler Palm Coast HS	9am [2 sessions]
14-15	Fri / Sat.	FHSAA CLASS 3A GIRLS STATE WEIGHTLIFTING FINAL Lakeland, FL	TBD

