

Track and Field

Try-outs: Jan 20th -23rd

All Returners: Mon-Thu

All Distance Runners: Mon-Thu

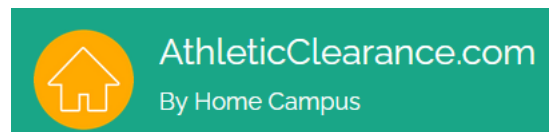
1st Year Boys: Tue -Wed

1st Year Girls: Wed-Thu

***All Athletes Practice in Event
Groups on Friday, Jan 24th***

*You need Athletic Clearance Completed before the
weekend.*

1. **Physical uploaded**
2. Video Certificates uploaded
3. Ins. Card uploaded



Already played or tried-out for a fall or winter sport? You will need to make sure you've also selected track & field for all your information to carry over.