

## True Team Championships

@ BARTRAM TRAIL HIGH SCHOOL

Saturday March 29th, 2025

**Entry Deadline:** Wednesday, March 26<sup>th</sup> **Entry Limitations:** Running and Field: 4, Relays: 1

Seed times are required and limited to season bests via Direct Athletics / TFRRS

**<u>Field Events:</u>** \*Four attempts for first flight. All

others 3 attempts.

9:00a Javelin G

Discus B Shotput G LJ / TJ to follow PV G, B to follow HJ B, G to follow

11:00am Javelin B

Shotput B Discus G

<b>Running Events:</b>	
9:00am	3200m
10:00am	4x1600m
11:00am	Senior Recognition
11:30am	100/110H
11:45am	100m
12:10pm	400m
12:45pm	4x100m
1:05pm	400H
1:30pm	800m
1:50pm	200m
2:30pm	1600m
2:55pm	4x400m

\*Athletes not meeting the entry standards or field minimums may be removed from the meet during meet seeding.

*Updated* 12/2/24

Field event minimums		
	Girls	Boys
HJ	1.22m	1.52m
PV	2.10m	3.00m
LJ	4.00m	5.40m
TJ	8.00m	10.70m
SP	8.00m	11.50m
DT	23.00m	33.00m
JT	23.00m	33.00m

**Team Scoring**: True Team Style

**Scoring positions** = 48

Up to 4 athletes from each team will score.

Place	Points
1st	48
2nd	47
3rd	46
4th	45
etc	
46th	3
47th	2
48th	1

## Awards

Top 3 each event Top 2 Teams over-all

\$300 / School

Make Checks Payable to:

c/o Kim Dohman

Bartram Trail HS

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