

Week 15 Update

Monday, May 6, 2024

Uniform Return Due Date (Varsity black, white, grey)

Friday, May 10th to Coach Frank

- Make sure they are clean! Spritzing them with cologne is not clean.
- Bring them in a bag with your NAME on it. You will not be credited with returning your uniforms if I cannot identify who turned them in.
- If you earn a trip to the state meet, uniforms will be collected then.

End of Season Awards Night

Wednesday May 22nd BTHS Auditorium, 6:00pm

Attire: Sunday best (shirts, slack, ties, dresses, skirts, etc.) **Invited**: all varsity and j.v. track & field athletes and their families.

4A Region 1 Track and Field Meet

Location: UNF

Date: Wednesday, May 8, 2024

<u>Tickets</u> - <u>Results</u> - <u>Full Published Meet Info</u>

2024 FHSAA Track & Field Region Meets May 8, 2024 -

Bus Departure: 9:30am
Any athlete* that needs a ride and all volunteers.

*Athletes are encouraged to have their parents make their transportation decisions so they arrive 90mins before their events. Stay in school. Stay out of the sun/heat.

FIELD EVENTS (Weights & Measures - 10:00 am - 11:00 am)

Time Event Boys/Girls

11:00am	
Long Jump 3A & 4A Girls	
Shot Put 4A Girls	
1:00pm	
Pole Vault 4A Girls	Myers
Long Jump 3A & 4A	
Boys	Gyamfi, Treadway
High Jump 4A Boys	Gyamfi
Javelin 4A Girls	
Discus 4A Boys	Fox
3:00pm	
Triple Jump 3A & 4A	
Girls	Campos



Volunteers	
Adams, Anthony	
Barton, Ethan	
Berry, Daniel	
Davidson, Maddie	
Garrido, Hector	
Goodman, Emily	
Hyman, Halle	
Ivey, Noah	
Jackson, Isaiah	
Kasner, Jordan	
May, Rylin	
Sands, Presley	



Bartram Trail Track & Field

	I a a
Shot Put 4A Boys	Scott, Fox, Gimmel
5:00pm	
Pole Vault 4A Boys	Huber, Radford
Triple Jump 3A & 4A	
Boys	Gyamfi, Treadway, Allen, Tran
High Jump 4A Girls	Shapiro
Javelin 4A Boys	
Discus 4A Girls	
RUNNING EVENTS – ALL TIMED FINALS	
Time Event	
	Mclean, Borgmeyer, Kataru,
4:00 PM 4x800m	Holtz, Flaherty, McDonald,
Relay**	Clements, Parks, Lupinski,
	Wenzel
	Thomas, Langeland, Frederick,
5:45 PM 100m Hurdles	Kosiewska
6:00 PM 110m Hurdles	Langeland
6:15 PM 100m Dash	Ganther
6:30 PM 1600m Run*	
	Williams, Ganther, Thomas,
6:55 PM 4x100m Relay	McCormick, Robinson, Carvalho,
	Brown, Brown
7:20 PM 400m Dash	Braughton
	Thomas, Langeland, Kosiewska,
7:45 PM 400m Hurdles	Howey
8:10 PM 800m Run**	Mclean
8:30 PM 200m Dash	Ganther
8:45 PM 3200m Run*	Lupinski
	Thomas, Kosiewska, Braughton,
9:45 PM 4X400m Relay	Mullis, Langeland, Carvalho,
	McDonald, Brown
10:00 PM Team Awards	
*One section per gender	(alleys should be used if possible)
**Two sections gender	