



# Bartram Trail Track & Field

## Week 9 Update

Monday, March 25, 2024

### Meets this week:

- Creekside Mini Meet
- Don Hall Invite @ Orange Park HS
- Florida Relays @ UF

### Upcoming Dates:

**Senior Day:** April 6<sup>th</sup> at Bear Classic, 11am

If you are going to participate you must fill out this link by **March 26<sup>th</sup> at noon.**

<https://forms.gle/WnE3HnJ1rBzJNT4d9>



### 3/27/24 Creekside Mini Meet

Wednesday March 27th

- 5pm 100M Girls
- 100m Boys
- PV
- Discus
- Javelin
- LJ
- 6pm 800M Girls
- 800M Boys
- 6:30pm 400M Girls
- 400M Boys
- 7:00pm 3200M Girls
- 3200M Boys
- 7:30pm 4x400M Girls
- 4x400M Boys

### 3/28/24 Don Hall Invite at Orange Park

#### Tickets

#### Meet Schedule:

- 3:00 pm** Gates Open and Coaches meeting at start line
- 3:15 pm** Field Events (3 Jumps / 3 Throws per event)
- B/G Long Jump Followed by Triple Jump
- Boys High Jump followed by Girls (starting heights 1.5m Boys – 1.37m Girls)
- Girls Shot Put followed by Boys
- Boys Discus followed by Girls (will follow Javelin at its completion)
- Girls Pole Vault followed by Boys (starting heights 2.3m Boys –1.8m Girls)
- 3:30 pm**
- 3200m Relay – (4 x 800)
- 3:30 pm**
- Javelin (Girls) followed by Boys
- 5:00 pm Finals and National Anthem** (or, when last field event is over)
- Hurdles 100m (Girls)
- High Hurdles 110m (Boys)
- 100m Dash (Girls, Boys)
- 1600m Run (Girls, Boys)
- 4 x 100m (Girls, Boys)
- 400m Dash (Girls, Boys)
- << Short Senior Presentation >>
- 400m Hurdles (Girls, Boys)
- 800m Run (Girls, Boys)
- 200m (Girls, Boys)
- 3200m Run – If lapped, athletes must move to lane 2. Will run girls/boys together if under 24 total.
- Throwers Relay 4 x 100m
- 4 x 400m relay



### Schedule

- TJ – Jackson Treadway, Anim Gyamfi
- HJ – Rilee Shapiro
- PV – Ezra Huber, Ava Myers
- DT- Ethan Fox
- SP – James Huck



# Bartram Trail Track & Field

4x800m Relays (TBD)

**Get Connected! BTTF uses the REMIND APP. Text a code below to 81010**

Var Boys Distance	@	btvbd24	Frank
JV Boys Distance	@	btjvbd24	Frank
Var Girls Distance	@	btvgd24	Clark
JV Girls Distance	@	btjvgd24	Clark
Jump	@	btjump24	Clark
Hurdles	@	bthurdle24	Hagans/CB
Throws	@	btthrow24	Liv
Var Girls Sprints	@	btvgs24	Barnett
Var Boys Sprints	@	btvbs24	Friscia
JV Sprints	@	btjvs24	All Sprint Coaches



[Team Phone Calendar](#)

From your smartphone, click to link to sync the team calendar to your phone. Meets and events added to your phone!