

Track & Field Parent Meeting 2023

## BT Track & Field <u>Mission</u>

**Bartram Trail Track & Field** will create an athlete centered environment that serves as a center for track & field excellence and supports the foundation of life-long personal development.



# **BT Track & Field Values**

### **Academics**

The will to win and the passion to work

**Respect and integrity** 

The human spirit

**Humility** 

**Transformational experiences** 

## Expectations

- Practice Schedule- Excused v. Unexcused
- Meets Arrival and Dept.
  - Decorum and dress
  - uniforms
  - Competition shoes
- Transportation –Buses, Volunteer Drivers, Champ Meets
- Varsity Letter Criteria

## • Sleep and Nutrition

• REST!!!!--- Burning the candle at both ends. Club sports, etc.



## Psychological Safety

- Challenging / supportive environment
- The ability to take risks and share opinion without fear
- Path that allows for growth
- · A sense of belonging

## Parenting Styles

- Authoritarian
- Authoritative
- Permissive
- Uninvolved



## **Communication**

- www.AthleticClearance.com
- The Correct Coach
- Website
- iCalendar
- Remind App





# Gear

- Race Kit (singlet, shorts, \$30 ea)
- Warm-ups (Team sweatshirt, black athletic pants)
- Training shoes
- Competition shoes

stance Track & Field kes 49	Nike Air Zoom Maxfly Track & Field Sprinting Spikes 4.5 ****** 93	Nike Zoom Rival M 9 Track & Field Shoes - Each 4.6 ****** 137	Nike Rival Sprint Track & Field Sprinting Spikes 4.6 ***** 208
ng Goods & Free 90-day returns (Store - 4.7/5 * (94) ces from 4 stores	\$189.95 Running Warehouse US Free delivery by Feb 6 & Free 90-d Top Quality Store - 4.8/5 * (182) Compare prices from 5+ stores	\$26.96 \$64.99 Going Going Gone \$8.99 delivery Compare prices from 5+ stores	\$75.00 Dick Pond Athletics Delivery by Tue, Feb 6 Compare prices from 3 stores
			SALE
Nike Zoom Rival Multi Track Spike Sail-Fierce Pink-Lemon Twist / 8 4.6	Nike Zoom Rival D 10 Track Spike Shoes 907566-404 4.7 ***** 73	Nike Air Zoom Victory Track & Field Distance Spikes 4.6 ****** 64	New Balance MD500 V8 Track and Field Shoes, Men's, Yellow/ 4.7
\$75.00 Nike	\$14.95 S5.00 below typical	\$189.95 Road Runner Sports	\$38.99 \$74.99 Joe's New Balance Outlet

TC Running Co

Delivery by Tue. Feb 13 · Free 60-.

Deliverv est. by Feb 15

Free delivery by Tue, Feb 6

## Travel Meet Tallahassee

Expenses: Charter Bus \$\$\$\$ (Team Sponsorship Program)





**Varsity** Meet on 3/9/24 OYO or OFF \*Bob Hayes meet 3/16

## **Junior Varsity** OYO or Off No meet Scheduled

## Booster Club and Athletics

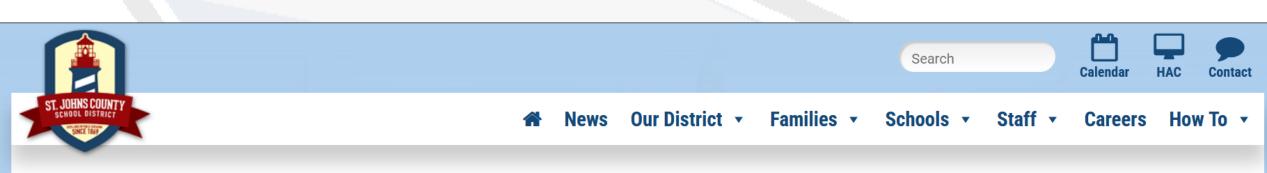
### What do they do for BT Track and Field?

- Transportation
- Operating expenses
- Meet expenses
- Field Maintenance
- Equipment

Capital Improvement and Top-End Program Goals

2024 Sponsorship Drive

Athlete: Each athlete is expected to raise \$200min



St. Johns County School District > School Services > Athletics > High School Athletics Program

#### SCHOOL SERVICES

- School Services
- School Services Contacts
- Athletics
  - High School Athletics Program
  - High School Athletics Contacts
- Attendance Zoning
- Student Conduct Code
- Student Transfers
- Athletic Eligibility
- Report Bullying and Harassment Incidents & the Policy

Demont Dulling Descention Education

#### **High School Athletics Program**

Student-Athlete Code of Conduct Introduction to the Pursuing Victory With Honor Program

At its best, athletic competition can hold intrinsic value for our society. It is a symbol of a great ideal: victory with honor. The love of sports is deeply embedded in our national consciousness. The values of millions of participants and spectators are directly and dramatically influenced by the values conveyed by organized sports. Thus, sports are a



major social force that shapes the quality and character of the American culture. In the belief that the impact of sports can and should enhance the character and uplift the ethics of the nation, we seek to establish a framework of principles and a common language of values that can be adopted and practiced widely. The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and the six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. (Preamble to the Arizona Sports Accord – Pursuing Victory with Honor)

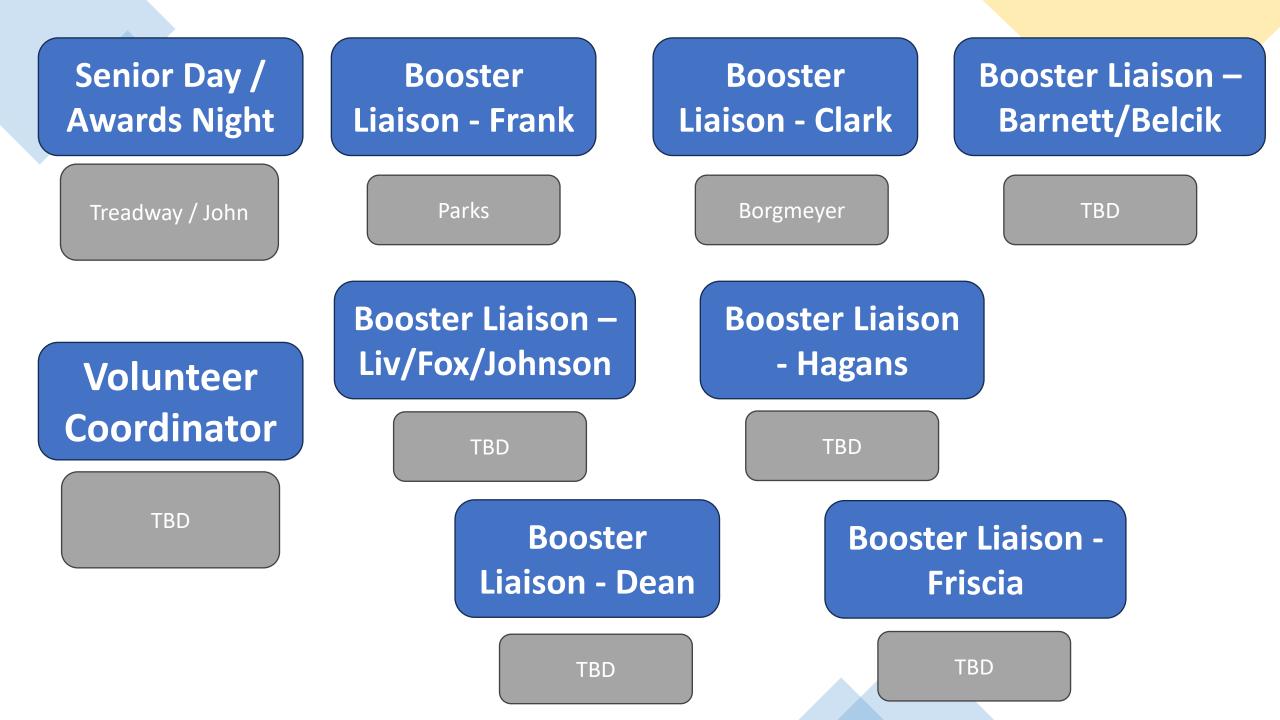
#### Bartram Trail Track&Field Parent and Coach To-Do List:

- ✓ Encourage the experience of risk.
- ✓ Allow failure without rescuing too quickly.
- ✓ Practice what I preach.
- ✓ Share my past mistakes.
- Avoid unearned praise and demeaning critique.
- ✓ Tell my athlete I love them and love watching them compete.



## Expectations of Parents

- Communicate (general and tough)
- Assimilate to your own sense of belonging
- To-do List
  - "I love to watch you compete"
- Calendar Clearance
- Volunteer
  - Parent Liaisons
  - Home Meets
  - End of Season Awards events
  - Senior Events
  - Trailer Hauling





#### **The Four Payments**

#### 1. Pay to Participate (School Pay): \$150

Every athlete, every season. This goes directly to the general athletic fund and supports the infrastructure of the athletic department. These funds pay for meet entry fees, buses, track equipment, training room supplies, and field maintenance.

https://schoolpay.com/link/P2P24

#### 1. Booster Membership (on-line: once a school year): starting at \$100

Our booster club is a unified front for each athlete on campus. Major funds are channeled for large improvement and capital projects. Every family is expected to join.

https://www.bartramathleticboosters.com/shop-membership

#### 1. Competition Warm-up Sweatshirt / Racing shorts (School Pay):

https://schoolpay.com/link/TF24

Sweatshirt		\$45
Blue Jersey		\$30
Shorts (if we have inventory)	\$30	

#### 1. The Sponsorship Program: \$200

#### https://schoolfundr.org/fund/bartramtrack2024

Each athlete is expected to arrange sponsorship. These funds are for special projects and travel trips for this current season. Sponsors will be recognized, along with our senior athletes, in the meet program. But we are really looking for a few major meet day sponsors. Please consider speaking to your employers about being a valued member of the team!

#### Extra:

BSN Team Shop. Nothing is mandatory here; however, parents and athletes alike may purchase any of these options.

## Transformational Track & Field