



NATIONAL ASSOCIATION OF
INTERCOLLEGIATE ATHLETICS



Taking the next step

Use [College Cross Country and Track Recruiting Standards < Runcruit](#) to help in your search

By Guilherme Carvalho (G)

★ -Very comminated to communication

- This is a 41-page power point filled with information of colleges who are interested from hearing from Bartram athletes.
- All Athletic scholarship money giving by programs can be different for all athletes depending on PR's, GPA, programs need, programs resources.
- Numbers in this power point may not be 100% accurate so always look over numbers to make sure if you are really interested in a school.

NCAA division 1

- Division I schools have the biggest student bodies, the largest athletic budgets, and the most athletic scholarships. More than 350 schools that field more than 6,000 teams providing opportunities to more than 170,000 student-athletes are members of NCAA Division I.
 - All the major sports conferences, including the SEC, Big 10, Pac 12, and ACC are composed of Division I schools.
 - Ivy League Institutions are Division I, but they don't offer athletic scholarships. The Ivy League schools are Brown, Columbia, Cornell, Dartmouth, Harvard, the University of Pennsylvania, Princeton, and Yale.
 - This is the most challenging division to get into
 - D1 puts sports over being a student so sports will be your live
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2022-23 NCAA Division I Map



NCAA division 2

- Almost 300 schools are part of Division II. Division II schools still offer athletic scholarships, but there are fewer scholarships than in Division I. Full athletic scholarships are more common in Division I; most Division II athletes receive partial athletic scholarships.

- The schools and athletic department budgets are smaller in Division II than in Division I. While Division I schools often travel nationally to compete, regional rivalries dominate the schedules of Division II.

- D2 colleges will like you to be a student athlete not just an athlete
 - Great D2 athletes can easily compete with D1 athletes
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NAIA

- NAIA schools have grown very much the past few years now competing with D2 programs
- Many great NAIA athletes compete in nationals meets
- NAIA schools don't follow the same recruiting schedules as the NCAA so even starting as freshman you are allowed to talk to NAIA college coach's
- NAIA programs also like you to be a student athlete but don't usually have high grade standards
- NAIA also offers athletic scholarships



NCAA division 3

- Division III is the largest of all NCAA divisions, with its member schools being predominantly private schools (roughly 80%). D-III schools are on average the smallest in student enrollment and the student experience of playing D-III sports is different than competing in D-I: The overarching guideline for all student athletes ("Student first, athlete second") is emphasized to the greatest extent in NCAA Division III, with the smallest number of competitions scheduled and organized team practice at the lowest level in terms of hours permitted.
- Division III programs may not award any athletic scholarships to its student athletes. Athletes may receive any other form of financial aid, such as academic financial aid or need-based aid, making the potential scholarship offers from a school often more interesting than an offer from another division, which does have athletic scholarships to award to students.



Young Harris College

- D2 Program in Young Harris, Georgia
- Tuition out of state \$29,667
- Students 1,415
- Avg cost after aid before scholarship money \$19,000
- <https://questionnaires.armsoftware.com/c6780e785f19>
- Head coach Matt Logan
email mjlogan@yhc.edu



Mars Hill College

- D2 Program in Mars Hill, North Carolina
- Tuition out of state \$36,192
- Students 1,216
- Avg cost after aid before athletic scholarship money \$19,789
- <https://questionnaires.armsoftware.com/3ed00e250647>
- Head coach Richard Clarke
email richard_clarke@mhu.edu





Goshen College

- NAIA Program in Goshen, Indiana
- Tuition out of state \$35,230
- Students 1,622
- Avg cost after aid before athletic scholarship money \$16,000
- https://goleafs.net/sports/2023/3/7/145_132337722838030846.aspx
- Head coach Sean Foulkes
email sfoulkes@goshen.edu

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Wingate University

- D2 Program in Wingate, North Carolina
- Tuition out of state \$39,822
- Students 3,600
- Avg cost after aid before athletic scholarship money \$17,836
- <https://questionnaires.armsoftware.com/222db0450a29>
- Head coach Matt Van Lierop email m.vanlierop@wingate.edu



Mount Marty University

- NAIA Program in Yankton, South Dakota
- Tuition out of state \$29,136
- Students 1,080
- Avg cost after aid before scholarship money \$20,000
- https://mountmartyathletics.com/sb_output.aspx?form=3
- Head coach Daz Fitzsimmons
email daniel.fitzsimmons@mountmarty.edu





Lasell College

- D3 Program in Newton, Massachusetts
- Tuition after aid \$26,213
- Students 1,138
- https://apply.lasell.edu/register/form?id=a2b11a78-84c8-4177-abf0-7cc2cdefdf2d&_ga=2.64604207.16890107.1706666135-1536384066.1706666135&_gl=1*8x8thm*_ga*MTUzNjM4NDA2Ni4xNzA2NjY2MTM1*_ga_9N0VK99BNY*MTcwNjY2NjEzNC4xLjEuMTcwNjY2NjE0NS40OS4wLjA
- Head coach Ben Biello
email BBiello@lasell.edu



Columbus State University

- D2 Program in Columbus, Georgia
- Tuition out of state for Floridan's before athletic scholarship money \$6,241
- Students 12,328
- <https://questionnaires.armsoftware.com/24cb9176c95e>
- Head coach Xavier Matthews email matthews_xavier@columbusstate.edu



University of North Carolina Greensboro

- D1 Program in Greensboro, North Carolina
- Tuition out of state \$20,913
- Students 15,000
- Avg cost after aid before athletic scholarship money \$10,984
- Males <https://questionnaires.armssoftware.com/e09b8b0e9851?path=track>
- Females <https://questionnaires.armssoftware.com/9ac7ade4e8e4?path=track>
- Head coach Kaleigh Roach email k_roach@uncg.edu





Waldorf University

- NAIA Program in Forest City, Iowa
- Tuition out of state \$23,088
- Students 2,719
- Avg cost after aid before athletic scholarship money \$22,000
- <https://waldorf.radiusbycampusmgmt.com/ssc/iform/I8kl3NC6700kx6700sN70n.ssc>
- Head coach Janna Langrell
email anna.langrell@waldorf.edu



Albright College

- D3 program in Reading, Pennsylvania
- Tuition out of state \$28,855
- Students 2,378
- Avg cost after aid \$18,825
- https://www.frontrush.com/FR_Web_App/Player/PlayerSubmit.aspx?sid=MTMzNzA=-/dGmo4oTxVk=&ptype=recruit
- Head coach Mike Massone
email mmassone@albright.edu





Lees-Mcrae College

- D2 Program in Banner Elk, North Carolina
- Tuition out of state \$27,390
- Students 855
- Avg cost after aid before scholarship money \$21,213
- <https://questionnaires.armssoftware.com/9ff0fd25a66c>
- Head coach Ley Fletcher email fletcherl@lmc.edu



Edward Waters University

- D2 Program in Jacksonville, Florida
- Tuition \$27,912
- Students 1,089
- Avg cost after aid before athletic scholarship money \$13,000
- https://ewutigerpride.com/documents/2022/10/31/EWU_Recruitment_Questionnaire.pdf
- Head coach Marquita Mines email m.mines@ewc.edu





Keiser University

- NAIA Program in West Palm Beach, Florida
- Tuition \$29,520
- Students 1,200
- Avg cost after aid before scholarship money \$21,192
- Head coach Jamaine Gordon
email jagordon@keiseruniversity.edu
- Assistant Coach Harvey Simpson
email hsimpson@keiseruniversity.edu



Florida Tech

- D2 Program in Melbourne, Florida
- Tuition \$43,246
- Students 3,013
- Avg cost after aid before scholarship money \$29,739
- https://www.frontrush.com/FR_Web_App/Player/PlayerSubmit.aspx?sid=MjI5MDE=-18pgUym05Rs=&ptype=recruit
- Head coach Marc Small
email msmall@fit.edu



Emmanuel University

- D2 Program in Franklin Springs, Georgia
- Tuition out of state \$22,914
- Students 822
- Avg cost after aid before athletic scholarship money \$19,000
- <https://questionnaires.armssoftware.com/b15644e41331>
- Head coach Adrin Hutchins email adrian.hutchins@ec.edu



Rhodes college

- D3 Program in Memphians, Tennessee
- Tuition out of state \$68,872
- Students 2,017
- Avg cost after aid \$25,017
- <https://admission.rhodes.edu/register/athletics>
- Head coach Robert Shankman
email shankman@rhodes.edu



Quincy University

- D2 Program in Quincy, Illinois
- Tuition out of state \$31,160
- Students 1,307
- Avg cost after aid before scholarship money \$16,000
- https://quhawks.com/sb_output.aspx?form=3
- Head coach Chris Aschemann
email c.aschemann74@quincy.edu



Flagler College

- D2 Program in St. Augustine, Florida
- Tuition \$22,040
- Students 2,591
- Avg cost after aid before scholarship money \$17,915
- https://flaglerathletics.com/sb_output.aspx?form=3
- Head coach Brian Beil email bbeil@flagler.edu



John Brown University

- NAIA Program in Siloam Springs, Arkansas
- Tuition out of state \$28,424
- Students 2,122
- Avg cost after aid before athletic scholarship money \$19,000
- Head coach Scott Schochler
email sschochler@jbu.edu



Belmont Abbey College

- D2 Program in Belmont, North Carolina
- Tuition out of state \$34,122
- Students 1,426
- Avg cost after aid before athletic scholarship money \$20,053
- <https://questionnaire.frontrush.com/Questionnaire/Questionnaire.aspx?q=2908&s=20804&o=344>
- Head Coach Dan Finanger
email danielfinanger@bac.edu



Trinity Western University

- NAIA Program in Florham Park, New Jersey
- Students 5,000
- Tuition out of state \$19,470
- Avg cost after aid before athletic scholarship money \$7,000
- [Request for Information Spartan Athletics \(twu.ca\)](http://twu.ca)
- Head coach Shane Wiebe
email shane.wiebe@twu.ca



University of Tennessee Martin

- *D1 program in Tennessee, Martin*
- *Tuition out of state \$22,645*
- *Students 7,000*
- Avg cost after aid before athletic scholarship money \$10,543
- https://utmsports.com/sb_output.aspx?form=3
- Head coach Jolyta Henderson
email jhende58@utm.edu



Indiana Tech

- NAIA program from Fort Wayne, Indiana
- Students 1,343
- Tuition out of state \$29,000
- Avg cost after aid before athletic scholarship money \$12,000
- Head coach Doug Edgar
email djedgar@indianatech.edu



Oklahoma Wesleyan University

- NAIA Program in Wesleyan, Oklahoma
- Tuition out of state \$44,130
- Students 847
- Avg cost after aid before athletic scholarship money \$20,761
- Head coach Olivia Coopwood email ocoopwood@okwu.edu



Ave Maria University

- NAIA Program in Ave Maria, Florida
- Students 1,251
- Tuition in state \$26,504
- Avg cost after aid before athletic scholarship money \$8,854
- https://avemariagyrenes.com/sports/2023/7/5/prospective-student-athlete-interest-form.aspx?sys:sex=M&sys:field:sport_primary=904c4cbf-e98a-4268-9866-b47dd4b28a43
- Head coach Alan Webb email Alan.Webb@avemaria.edu





Central College

- D3 program in Pella, Iowa
- Students 1,213
- Avg cost after aid \$21,852
- <https://athletics.central.edu/sports/2023/6/5/new-recruit-me-form.aspx>
- Head coach Brandon Sturman
email sturmanb@central.edu



West Chester University

- D2 Program in West Chester, Pennsylvania
- Students 14,213
- Tuition out of state \$22,295
- Avg cost after aid before athletic scholarship money \$17,540
- <https://questionnaires.armsoftware.com/29a3c781e65c>
- Assistant coach Andrew Bosche
email Atorney@wcupa.edu



Mansfield University

- D2 Program in Mansfield, Pennsylvania
- Tuition out of state \$18,857
- Students 1,634
- Avg cost after aid before athletic scholarship money \$10,825
- https://gomounties.com/sb_output.aspx?form=12&tab=prospectiveathletes&ath=track
- Head coach Rondell Ruff
email rruff@mansfield.edu



Minnesota State University Moorhead

- D2 program in Moorhead, Minnesota
- Students 7,536
- Tuition out of state \$19,000
- Avg cost after aid before athletic scholarship money \$13,000
- msumdragons.com/sb_output.aspx?frform=9&path=cross
- Head coach Ryan Miller
email ryan.milner@mnstate.edu



Berry College

- D3 Program in Mount Berry, Georgia
- Avg cost after aid \$20,293
- Students 2,170
- <https://berryvikings.com/sports/2020/7/1/cross-country-track-field-recruiting-questionnaire.aspx>
- Head coach Luke Syverson
email
lsyverson@berry.edu



Valdosta State University

- D2 Program in Valdosta, Georgia
- Tuition out of state \$17,638
- Students 7,500
- Avg cost after aid before athletic scholarship money \$14,654
- [Cross Country Prospective Student-Athlete Form - Valdosta State University Athletics \(vstateblazers.com\)](http://vstateblazers.com)
- Head coach Todd Smoot
email tlsmoot@valdosta.edu



University of West Georgia

- D1 Program in Carrollton, Georgia
- Tuition out of state \$17,576
- Students 12,678
- Avg cost after aid before athletic scholarship money \$11,543
- Head coach Ryan Bailey
email rbailey@westga.edu



University of Northern Colorado

- D1 Program in Greeley, Colorado
- Out of state tuition \$28,852
- Students 6,638
- Avg cost after aid before athletic scholarship money \$16,000
- <https://college.jumpforward.com/questionnaire.aspx?iid=557&sportid=58>
- Head coach Victor Houston email victor.houston@unco.edu



Manhattanville College – Florida

- D3 Program in Manhattanville, Florida
- Tuition \$38,164
- Students 1333
- Avg cost after aid \$20,823
- <https://questionnaires.armssoftware.com/f471fac0825e>
- Head coach Chris Alesi
email christopher.alesi@mville.edu



Colby Sawyer University

- D3 Program in New London, New Hampshire
- Tuition out of state \$45,126
- Students 817
- Tuition after aid \$25,923
- https://www.frontrush.com/FR_Web_App/Player/PlayerSubmit.aspx?sid=MjAzMDM=-bG3vBuMxF2s=&ptype=recruit
- Head coach Ryan Purrington
email ryan.purrington@colby-sawyer.edu





Warner University

- NAIA program in Lake Wales, Florida
- Tuition \$28,367
- Students 812
- Avg cost after aid before athletic scholarship money \$19,826
- <https://apply.warner.edu/register/?id=cc449ecf-bd41-4c15-8f07-73316e150e76>
- Head coach Hassaan Stamps
email hassaan.stamps@warner.edu



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