

Week 5 Update

Monday, February 26, 2024 **Meets this week:**

JV: @ BT Var: @ Bolles

Upcoming Dates:

Monday Feb 26: Fundraiser Completed Wednesday Feb 28: JV meet at BT Friday Mar 1: Varsity meet at Bolles

Saturday Mar 2: River Run workday (no meet at UNF)

Wednesday Mar 6

Saturday Mar 9: North/South Invite @ Flager Palm Coast

Parent Leader Needs

Friscia Liaison: TBD

Barnett / Belcik Liaison: TBD

Frank / Popik Liaison: Cathleen Parks
Clark / Holtz Liaison: Sarah Borgmeyer

Hagans / CB / HK: Susan Langeland

• Liv / Fox / Johnson Liaison: Cori Hillier

Dean (jumps) Liaison: TBD

• Senior Event, Awards Night Committee: Nancy Treadway, Natalie John

• Volunteer Coordinator: Laura Harris

Varsity Meet

Bulldog Classic

<u>Bolles School</u> 7400 San Jose Blvd, Jacksonville, FL 32217 Meet Schedule to the right, entries to be sent via Remind App this week. Tickets on-line: https://gofan.co/event/1422584?schoolId=FL17954



River Run Workday

When: Sat 3/2/24 – 6:30am Where: Jax Fairgrounds

Who: All <u>Varsity</u> sprinters, hurdlers, distance runners and field event athletes are required to attend. Service

hours will be earned!

BTTF oversees the entire starting area at the River Run. Duties include policing the start waves, keeping the waves divided, and picking up the starting area after.

Bus Policy

When we take busses to a meet, all athletes must ride with the team. If athletes plan to ride home with their parents, they must a.) complete their cool down procedures, b.) check out with their event coach, and c.) establish contact between Parents and the event coach first.

Adults may only transport their own students unless they have been approved as a <u>volunteer driver through the county process</u>. This requires 100/300 auto liability insurance coverage and can take up to a week for completion.



The Bulldog Classic

Field Events: 3 attempts

1:00pm Javelin G, B to follow

2:30pm Discus B/G

Shot G/B

LJ G/ TJ G to follow LJ B/ TJ B to follow

HJ B/G PV G/B

Running Events:

1:30pm 4x800 4:00pm MS 100 4:30pm 100/110H 100 MS 1600 1600 4x100

3200 4x400



Get Connected! BTTF uses the REMIND APP. Text a code below to 81010

Var Boys Distance	@	btvbd24	Frank
JV Boys Distance	@	btjvbd24	Frank
Var Girls Distance	@	btvgd24	Clark
JV Girls Distance	@	btjvgd24	Clark
Jump	@	btjump24	Clark
Hurdles	@	bthurdle24	Hagans/CB
Throws	@	btthrow24	Liv
Var Girls Sprints	@	btvgs24	Barnett
Var Boys Sprints	@	btvbs24	Friscia
JV Sprints	@	btjvs24	All Sprint Coaches



Team Phone Calendar

From your smartphone, click to link to sync the team calendar to your phone. Meets and events added to your phone!