

True Team Championships

@ BARTRAM TRAIL HIGH SCHOOL

Saturday April 6th, 2024

Entry Deadline: Wednesday, April 3rd

Entry Limitations: Running and Field: 4, Relays: 1

Seed times are required and limited to season bests via Direct Athletics / TFRRS

<u>Field Events:</u> *Four attempts for first flight. All

others 3 attempts.

9:00a Javelin G

Discus B Shotput G LJ / TJ to follow PV G, B to follow HJ B, G to follow

11:00am Javelin B

Shotput B Discus G

Running Events:	
9:00am	3200m
10:00am	4x1600m
11:00am	Senior Recognition
11:30am	100/110H
11:45am	100m
12:10pm	400m
12:45pm	4x100m
1:05pm	400H
1:30pm	800m
1:50pm	200m
2:30pm	1600m
2:55pm	4x400m

*Athletes not meeting the entry standards or field minimums may be removed from the meet during meet seeding.

Updated 1/11/24

Field event minimums		
	Girls	Boys
HJ	1.25m	1.55m
PV	2.15m	3.00m
LJ	4.00m	5.40m
TJ	8.00m	10.70m
SP	8.00m	11.50m
DT	23.00m	33.00m
JT	23.00m	33.00m

Team Scoring: True Team Style

Scoring positions = 48

Up to 4 athletes from each team will score.

Place	Points	
1st	48	
2nd	47	
3rd	46	
4th	45	
etc		
46th	3	
47th	2	
48th	1	

Awards

Top 3 each event Top 2 Teams over-all

\$250 / School

Make Checks Payable to:

c/o David Frank

Bartram Trail HS

7399 Longleaf Pine Pkwy

St. Johns FL 32259

david.frank@stjohns.k12.fl.us