# Careers & Post-Secondary Education

**Considerations for High School Students and Families** 

October 5, 2020

## **Education Beyond High School Graduation** CAREER PATI

#### Military

- www.defense.gov
- https://recruiting.army.mil/
- https://www.cnrc.navy.mil/
- https://www.recruiting.af.mil/ •
- https://www.mcrc.marines.mil/ •
- Technical College
  - www.fctc.edu
  - http://floridacollegeaccess.org/wp-• content/uploads/2014/07/Florida-CTE-Centers.png

#### **Apprenticeship Programs**

- https://apprenticeflorida.com/wpcontent/uploads/2019/10/Apprentice-Florida-One-Pager.pdf
- https://www.nefbaapprenticeship.org/
- https://www.apprenticeship.gov/become-apprentice

- State College (Public)
  - <u>http://www.sjrstate.edu/</u>
  - https://www.fscj.edu/
- University (Public)
  - https://www.unf.edu/
- Private Colleges and Universities
  - <u>https://flagler.edu/</u>
  - https://www.ju.edu/
  - www.pcuf.net

# **Education Beyond High School Graduation**

Florida has 12 state Universities to serve over 180,000 students each year!



Learn more about Florida's 20 private colleges and universities that are members of PCUF. These top rated schools enroll 79,000 students each year! Check out www.pcuf.net .

#### PRIVATE COLLEGES & UNIVERSITIES OF FLORIDA

Adventist University of Health Sciences Barry University Eckerd College Embry-Riddle Aeronautical University Flagler College Florida Institute of Technology Florida Southern College Jacksonville University Keiser University Flagship Campus Lynn University

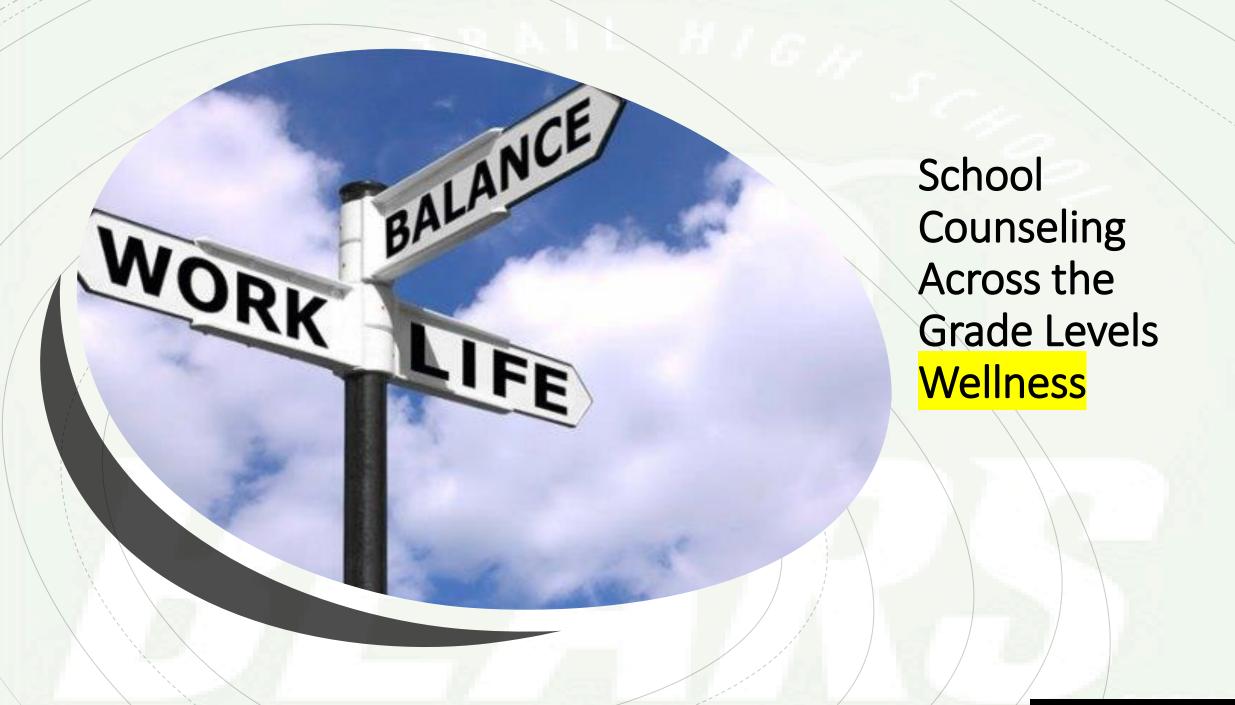
Nova Southeastern University Ringling College of Art + Design Rollins College Saint Leo University Southeastern University Stetson University University of Miami The University of Tampa Warner University



School Counseling Across the Grade Levels Academics

# YOUR CAREER

School Counseling Across the **Grade Levels** Career & Education **Planning** 



### School Counseling Across the Grade Levels

Participate in the Spring Course Selection process with the School Counselors.

Academic Preparation - prior preparation, career interests, and post secondary education goals

Based on recommendations by teachers and school counselors, we encourage students to abide by the level of rigor they are academically <u>**PREPARED</u>** for in English, Mathematics, Science, and Social Studies.</u>

While *academic stretching* is supported, final recommendations reflect this consideration based on teacher-student conversations about appropriate levels of rigor.

Counselors assist students with final course selections based on their prior preparation, career interests, and post secondary education goals.

Parents are encouraged to participate in this decision-making process with their children at home and in the Spring Course Selection meetings.

## School Counseling Across the Grade Levels

Participate in the Spring Course Selection process with the School Counselors.

#### **Personal Wellness**

Be **<u>BALANCED</u>** and highly consider personal wellness when selecting courses.

While a student may be excellent in all subjects, one course at a time- will s/he have the time and mental energy to take multiple high-level or rigorous courses?

Is a student selecting a course schedule that is a bit too unengaged or "easy" for his/her prior learning?

#### There are times when student self-talk undermines the **best** next steps for his/herself:

- Are there quiet struggles for a student such as a fear of failure that keep a student from pursuing more? Fears of not being "good enough" can be very demotivating. They can also make students want to "prove" themselves before they are academically prepared to do so.
- Is the student afraid of "not keeping up with friends" and taking on too much?
- Is there false information in their thoughts such as, "I have to take this class or that class to get into a university!" Or "I will be a total failure if I don't get into this/that program."

## School Counseling Across the Grade Levels

Participate in the Spring Course Selection process with the School Counselors. Career and Post Secondary Education Planning

Consider academic and general electives that support your **<u>PLANNING</u>** and exploration of:

- Career Interests
- Aptitudes
- REER Personal Enjoyment
  - Academic Curiosity

Consider courses in the Arts, Technology (via BTHS Academies), and additional Math and Science courses beyond those required for graduation!

- ✓ Consider College Dual Enrollment courses (grades 11 and 12) ask how to prepare in 9<sup>th</sup> & 10<sup>th</sup>
- ✓ Consider Technical Dual Enrollment courses (grades 11 and 12) ask how to prepare in 9<sup>th</sup> & 10<sup>th</sup>
- Consider participation in AP courses in world language or psychology or more in preparation for the rigors of College and University Life!



A Student's "MUST DO" list by grade level: 9<sup>th</sup> – 12th

# My Task List by Grade Level - Planning Ahead

- Register for the October PSAT
- Attend the NACAC College Fair which is virtual in 2020 at <u>www.virtualcollegefairs.org</u>
- Participate in extracurricular activities
- Participate in community service hours
- Explore careers on <u>www.FloridaShines.org</u>
- Apply for a summer job, internship or volunteer position in a career field you may be interested in
- Check your Bright Futures eligibility online in March at <u>www.floridashines.org</u>
- Apply for ACT/CollegeBoard Accommodations if applicable

- Take the October PSAT free for 10<sup>th</sup> grade
- Attend the NACAC College Fair which is virtual in 2020 at <u>www.virtualcollegefairs.org</u>
- Participate in extracurricular activities
- Turn in community service hours into the guidance desk
- Visit three or more post-secondary web sites to review admission requirements, programs, costs, AP equivalents
- If you want to attend a military academy, request a pre-candidate questionnaire from the academy

# My Task List by Grade Level - Planning Ahead 111TH a file to manage your post-secondary plans

- Make a file to manage your post-secondary plans, ACT/SAT testing, and application information
- Create your high school resume
- Study for your Spring testing: ACT/SAT, ASVAB, PERT
- Take the PSAT/NMSQT test in to seek the National Merit Scholarship
- Attend Fall College Information Sessions at your high school and/or virtually
- Seek leadership roles in extracurriculars
- Participate in career exploration through internships, FloridaShines.org, interviewing professionals in the field you have interest
- Investigate certificate and degree programs, apprenticeships, technical, and military training (visit recruiters)

- Take your final Act/SAT testing in the Fall
- Order your senior transcript through Parchment and review for accuracy
- Apply to Universities prior to October 31st
- If undecided about continuing education, notify your school counselor for help
- Apply for financial aid through Florida Financial Aid (Bright Futures) and Federal Student Aid (FAFSA-Free Application for Federal Student Aid)
- Request letters of recommendation from teachers and counselors ONLY IF you apply to a school that states it is optional or required. Remember, this is not required of teachers and counselors, so please be polite/appreciative as you make a request and provide no less that two weeks notice.

# Careers & Post-Secondary Education WRAP UP



# NRALL HIGH

Keep your future options open by pursuing the highest levels of LEARNING and INVOLVEMENT that you can while remaining BALANCED.

#### What is LEARNING?

- 1. Academic Courses, including electives
- 2. Internships in places of business
- 3. Community Service
- 4. Special Interests/Hobbies

#### What is INVOLVEMENT?

- 1. Club participation and activities
- 2. Athletics/Sports
- 3. Part Time Job
- 4. Sharing your strengths with others (Peer Tutoring, Peer Mentoring)

**FOCUS** on staying **ORGANIZED** and **LEARNING** with less anxiety about a grade. BE ON TIME, EVERY TIME.

Monitoring your grades is very important, but the focus you put into learning, studying, and staying organized will make better results!

Organize your calendar to *practice and prepare*, always making time to cover your learning responsibilities.

<u>Prepare for your class in advance</u> – this gives you context and prior knowledge before going to class. Make a list of your questions, so you are ready to learn from your teacher's lecture and lessons.

<u>Prioritize</u> by making assignments, prior readings, and studying for tests the "nonnegotiable" items on your calendar. get things turned in ON TIME, EVERY TIME will result in the very best grade you are able to achieve.



#### Utilize your **RESOURCES.**

Do not depend on anyone else to pull you aside and feed you information. Use the Resources created for you.

#### **BTHS School Counseling Web Site**

You MUST SEEK INFORMATION that is readily available on the school web site about opportunities for you. Go to <u>https://www-bths.stjohns.k12.fl.us/guidance/</u>

#### School Counseling Schoology Group

Visit your School Counseling SCHOOLOGY GROUP each day for daily updates.

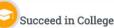
#### **College Virtual Visits for Fall 2020**

Attend the VIRTUAL College VISITS set up JUST FOR BTHS JUNIORS and SENIORS by Universities that want to hear from you! Go to: <u>https://www-</u>bths.stjohns.k12.fl.us/guidance/visits/

When something you discover is not clear or brings up more questions, find a subject matter expert, such as your parents and your school counselor to provide you with direction.

FloridaShines

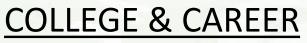




Find a Career



Get Ready for College Discover tools that will prepare you for college.



https://www.MyFloridaShines.org https://www.MyCareerShines.org https://www-bths.stjohns.k12.fl.us/guidance/career/

💼 Go to College

**STUDENTS** 



Explore Florida's scholarship and

**Explore** Institutions

right for you.

Find the educational institution that's



**Discover** Programs

you for a bright future.

Find the program that will prepare

**Affordable Education Options** 

**Every** Florida resident lives within 50 miles of a college or university. A brighter future is within your reach.

Save money, reduce costs, and earn

E Bartram Trail High School

FloridaShines

≫ MIDDLE & HIGH SCHOOL STUDENTS

COLLEGE STUDENTS & WORKFORCE



**CAREERS FOR MIDDLE & HIGH SCHOOL** 

Succeed in College



Pay for College

Cash for Class **Bright Futures** Scholarships LEARN MORE

Start your future today. Discover your interests. Explore careers. Make a plan for education. It all starts here!

#### **Become An American Graduate**

The American Graduate, Getting to Work initiative works with community partners to create a space for students and parents to learn more about the career and college resources available to them.

#### Make Your Next Move

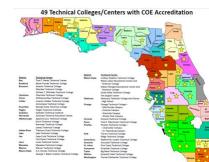
Check out My Next Move, an assessment tool offered by the U.S. Department of Labor. Explore careers by keyword, industry or interest.

#### **Explore Career Fields**

Systems 44 Industrial, Manufacturing and Engineering Systems







**CAREER PLANNING** 

**Florida Technical Colleges and** 

Centers

# Resource

#### **Post-Secondary Education**

https://www.floridashines.org/go-to-college/explore-colleges-universities https://www-bths.stjohns.k12.fl.us/guidance/visits/ https://www-bths.stjohns.k12.fl.us/guidance/university-system-of-florida/



#### 💼 Go to College

» EXPLORE INSTITUTIONS

College Admission Requirements Average University Freshmen Profile Virtual Campus Tours

#### EXPLORE EDUCATIONAL INSTITUTIONS

Florida

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Explo

Choosing the college, university, or career center that's right for you will help you shine.

#### State Colleges & Universities

Florida has 40 public colleges and universities that offer a range of degrees and experiences. Nearly all of Florida's state colleges and universities offer online degree programs in addition to

#### UNIVERSITY SYSTEM OF FLORIDA



https://www.flbog.edu/universities/index.php



#### **COLLEGE TALKS**

#### Bartram Trail High Student Virtual Tours, Virtual Visits, and Virtual Information Sessions.

Your School Counselors would like to connect you with college and career Virtual Tours, Virtual Visits, Virtual Info Sessions, and more for Fall 2020. We believe that meeting with college admissions professionals and representatives from your chosen career pathway and/or recruiters of the military branch you would like to pursue is a very important step as you evaluate your options beyond high school. While BTHS will not be hosting live or virtual presentations during the school day in FALL 2020, representatives from universities, career education institutions, and military branches are eager to meet with JUNIORS and SENIORS virtually.

Please click on the link below and check out this spreadsheet to see how to get started with your virtual meetings! Check back regularly to this site if your favorite schools/organizations are not yet posted.

Virtual Visit Spreadsheet 9-23-2020

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- www.defense.gov
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- https://www.cnrc.navy.mil/
- https://www.recruiting.af.mil/ •
- https://www.mcrc.marines.mil/ •
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  - www.fctc.edu
  - http://floridacollegeaccess.org/wp-• content/uploads/2014/07/Florida-CTE-Centers.png

#### **Apprenticeship Programs**

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- https://www.nefbaapprenticeship.org/
- https://www.apprenticeship.gov/become-apprentice

- State College (Public)
  - <u>http://www.sjrstate.edu/</u>
  - https://www.fscj.edu/
- University (Public)
  - https://www.unf.edu/
- Private Colleges and Universities
  - <u>https://flagler.edu/</u>
  - https://www.ju.edu/
  - www.pcuf.net