CROSS COUNTRY

Week 9 Newsletter

10/2/2023

FSU –
Thank you to all the JV parents that volunteered to drive this past Friday. We've never brought the JV over for the afternoon and I was surprised to see how excited they all were in going. Thanks for helping to make that experience a reality. The Sands, Goodmans, Mr. Oelkers, and Mrs. Green where some of the key driver contributors. Thank you!

This Week
Monday – Off
Tuesday AM – 6:30am
Tuesday PM – no training session. Go to swim meet at River Town to support swimmers. 5:00pm
Wednesday PM – 6:30am Drooling Dog
Thursday AM – 6:30am
Thursday PM – 3:55 Rm 655
Friday AM – 6:30am
Saturday – 6:30am (optional for JV)

Boys Booster Basket

Each season all teams create a basket for the silent auction that the Booster Club puts on in the spring. Each family donates $10 per athlete towards this basket. Click here for my Venmo or look to the bottom for my **Zelle** code to send the donation to. Let's make the boys xc basket a success. All the money raised goes back to the athletes. We have collected $110 so far. Please email me if you have any questions regarding this item. If anyone would like to help put this basket together, please email me and I can give you more details. The donation deadline **is 10/28/23.** Thank you to the families that have already sent a donation!

-Mrs. Parks

Special Upcoming Dates
Oct 7 – Saturday practice at St Augustine Lighthouse, long-run (optional for JV athletes)
Oct 14 – New Word Meet at Cecil Field
Oct 19-20 – Spaghetti Dinners (Halloween costumes required)
Oct 21 – Ponte Vedra Meet

Cathleen Marie Parks
(***) ***-2689

Zelle

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Mid-Season Varsity Letter Tally – Let Coach Frank or Clark know of any errors.

40pts total for a Varsity Letter

Last	Frist	Grade		Clearance Day 1 (5pts)	Varsity Meets (5pts)	Win a Race (Var=20, JV=5)	Recruit a teammate (5pts)	Place in the top 10% of a varsity race (pts)	Post-Season Roster (10pts)	Race at the State Meet (10pts)	No Unexcused Absences (10pts)	On-time Uniform Return (+5 or -5pts)	TOTAL
Camryn	Barker	10	F		0			0			10		10
Juliet	Barker	10	F		5			0			10		15
Rylan	Borgmeyer	11	F		25			0			10		35
Hailey	Brabston	9	F		0			0			10		10
Sydney	Brockway	12	F		10			0			10		20
Mckenzie	Carlson	12	F		25			0			0		25
Camille	Clark	10	F		0			0			10		10
Ashley	Clements	11	F		0			0			10		10
Inessa	Daria	11	F		0			0			10		10
Eva	Deffense	10	F		0			0			10		10
Sophia	Delaney	9	F		0			0			10		10
Isabella	DiDonato	10	F		0			0			10		10
Teagan	Garrett	9	F		0			0			10		10
Emily	Goodman	9	F		0			0			10		10
Tanner	Holtz	11	F		15			0			10		25
Halle	Hyman	9	F		0			0			10		10
Rajya	Kataru	11	F		20			0			10		30
Madelyn	Martin	10	F		0			0			10		10
Khloe	O'Donoghue	9	F		0			0			10		10
Elanor	Oelkers	9	F		0			0			10		10
Kari	Oliver	11	F		0			0			10		10
Reagan	Parker	10	F		0			0			10		10
Camryn	Patterson	11	F		25			0			10		35
Kennedy	Pidcock	12	F		20			0			10		30
Irelyn	Renner	10	F		20			0			10		30
Presley	Sands	9	F		0			0			10		10
Gracyn	Smith	12	F		5			0			10		15
Anya	Southammavong	12	F		15			0			10		25
Anna	Uy	9	F		0			0			10		10
Katherine	Wenzel	10	F		20			0			10		30
Kailey	Yocca	11	F		0			0			10		10
Anthony	Adams	9	M		0			0			10		10
Lucas	Clements	12	M		5			0			10		15
Paul	Fryman	9	M		5			0			10		15
Logan	Green	12	M		5			0			10		15
William	Hall III	12	M		15			0			10		25
Noah	Ivey	9	M		10			0			10		20
Jordan	Kasner	9	M		5			0			10		15
Joshua	Kautsky	10	M		5			0			0		5
Joseph	Lupinski	11	M		25			10			10		45
Caleb	Marmo	12	M		25			0			10		35
Aiden	McDonald	12	M		25			10			10		45
Bryce	Motycka	9	M		25			10			10		45
Braden	Motycka	11	M		15			0			10		25
Ian	Nguyen	11	M		5			0			10		15
Vincent	Palacios	11	M		5			0			10		15
Jacob	Parks	12	M		25			10			10		45
Gavin	Pope	9	M		0			0			10		10
Cullen	Popik	10	M		5			0			10		15
Matthew	Presley	11	M		25			10			10		45
Colton	Reynolds	9	M		5			0			10		15
Andrew	Slentz	10	M		5			0			10		15
Nicholas	Suarez	9	M		0			0			10		10
Gavin	Wall	9	M		0			0			0		0
Logan	Wenzel	12	M		20			0			10		30