



# CROSS COUNTRY

## Week 6 Newsletter

9/12/2023

### Adidas Challenge 9-16-23

Wake Med Soccer Complex, [201 Soccer Park Dr Cary, NC 27511](#)

Each athlete needs to bring \$20 cash. This is for a catered dinner at hotel on Friday night and to tip our bus driver.

Boys JV Red 5K 8:00 AM

Girls JV Red 5K 8:30 AM

Boys Championship 5K 9:00 AM

Girls Championship 5K 9:24 AM

[Course map](#)     [Results](#)

\$20 parking



### Financing the trip to NC

The athletic department, backed by the Booster Club, pays for the essential operating expenses of each sport. Examples include meet entry fees, team buses, officials, uniforms, post-season travel, etc. However, beyond that, each sport has a unique "Team Account". The money here is a result of team fundraising for the purpose of special items/equipment and travel. Throughout the year your kids have worked water tables at various running events and we've secured a few sponsorships from local running support groups. You all contributed \$1000 by staffing a football concession stand last week! Currently, we have nearly enough money to cover the \$6000 in charter bus cost and the \$3000 in hotel expense. This will certainly zero out our team account plus some. We may need to have a small sponsorship drive to bring our account into the black before the end of the season.

### **Football Concession Stand**

Thank you to the parents that signed up for the football concession stand fundraiser! You all earned the BTXC team account \$1000!

Sarah Borgmeyer

Caryn Patterson

Cathleen Parks

Julie McDonald

Liz Brabston

Dorothy Kasner

Taylor Reynolds

Trent Oelkers

David Renner

Andy Reynolds

MaryAnne Holtz

Jason Kasner

Aaron Holtz

Stephanie Goodman

Clinton Goodman

Jennifer McGrath

### **Parent Social**

Thank you all for coming! It was great to connect with each other. For me, it was great to learn a little more about your kids. This is a fantastic tool that helps coaches make the best decisions for, and with, athletes.

### **Special Upcoming Dates**

Aug 28 – Race2Honor Sponsors communicate to John McDonald [jfmcdonald@ft.newyorklife.com](mailto:jfmcdonald@ft.newyorklife.com)

We still have 7 boys and 6 girls jerseys to fill.

Sep 18 – (Mon) Race2Honor Sponsorships due via School Pay

Sept 20 – (Wed) 6:15pm Honoree Dinner in small cafeteria. All athletes required. Honoree and sponsor requested!

Sept 23 – Bale n' Trail home meet! <https://www.signupgenius.com/go/10C0D4EADA72EA7F58-bale#/>

Sept 30 – FSU Invite... we need parent drivers! See below.



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## 2023 FSU Invitational & Pre-State Cross Country Meet

September 29-30 | Apalachee Regional Park | Tallahassee, Fla.

### Race Schedule

#### Friday, Sept. 29

- 5:00 pm Middle School Girls (3k)
- 5:25 pm Middle School Boys (3k)
- 5:50 pm High School Girls JV (5k)
- 6:20 pm High School Boys JV (5k)

#### Saturday, Sept. 30

- 7:40 am Girls High School Elite
- 8:05 am Boys High School Elite
- 8:30 am Girls High School Select
- 8:55 am Boys High School Select

#### FSU Meet 9/29-30

I was hoping to get a bus to take the J.V. over to Tally on Friday and then return Friday evening, stopping for dinner along the way. However, the county is so short on bus drivers this is not possible. Plan B is to secure parent drivers to tackle the task. The great news is that we have a good number of parents already approved to drive their own cars. Please reach out to me if you think you'd like to go on this adventure so we can get our JV athletes on the same racecourse as the State Championships!

We will need to leave by 1:00pm. This will put us at the meet by 3:30pm which allows us enough time for the varsity to run the course and the JV to set-up team camp and prepare to race. If you're not on the approved list you can still get on there!

The varsity will need to ride over with the JV. After the JV finishes racing, they will be released to the supervision of parents for the night and will report to the team camp the next morning no later than 6:00am for the girls, and 6:30am for the boys. We struggled with this in Ocala. Let's be better.

### Travel Itinerary to Cary, NC

#### Friday Sep 15, 2023

- 7:00am Load charter bus
- 7:30am **Depart for Wake Med Soccer Complex** [101 Soccer Park Dr, Cary, NC 27511](#)  
Bring lunch. We will stop at a rest area but do not plan on being able to purchase lunch.
- 2:30pm Arrive to run course.
- 4:00pm Depart for hotel **Homewood Suites** – [100 Macalysen Court, Cary NC, 27511](#)
- 5:45 pm Team dinner, TBD
- 9:00 pm In room, lights out by 10:00pm

Boys JV Red 5K 8:00 AM

#### Saturday Sep 16, 2023

- 6:00am Wake
- 6:30am Depart for race.  
There are several races we could be assigned to. Our specific time will be confirmed by the middle of race week. \*\*After all races, we will attempt to return to the hotel for showers.
- 12:00pm Depart for home.  
We will stop for lunch.
- 7:30pm Approx. return time to Bartram Trail

Girls JV Red 5K 8:30 AM

Boys Championship 5K 9:00 AM

Girls Championship 5K 9:24 AM

Boys Invitational 5K 9:50 AM

Girls Invitational 5K 10:15 AM



# ***CROSS COUNTRY***

## **Week 5 Milage**

1	jacob parks	49.0 mi	10.0 mi	6:59 /mi
2	Billy Joel	45.3 mi	10.0 mi	7:49 /mi
3	Logan Wenzel	44.6 mi	10.1 mi	7:27 /mi
4	Caleb Marmo	44.3 mi	10.0 mi	7:17 /mi
5	Aiden McDonald	43.5 mi	10.0 mi	6:57 /mi
6	Matthew Presley	43.1 mi	10.0 mi	7:03 /mi
7	Vincent Palacios	42.2 mi	10.0 mi	8:26 /mi
8	Rajya Kataru	41.3 mi	8.1 mi	8:53 /mi
9	Rylan Borgmeyer	40.8 mi	8.0 mi	8:38 /mi
10	Kennedy Pidcock	40.0 mi	8.0 mi	8:52 /mi
11	Lucas Clements	39.7 mi	9.9 mi	7:45 /mi
12	Bryce Motycka	39.3 mi	9.1 mi	7:35 /mi
13	Logan Green	38.4 mi	10.0 mi	8:13 /mi
14	Ian Nguyen	36.3 mi	10.0 mi	7:49 /mi
15	Anya Mae Southammavong	32.4 mi	7.0 mi	9:19 /mi
16	Josh Kautsky	31.5 mi	6.1 mi	7:54 /mi
17	Kate Wenzel	31.0 mi	6.7 mi	9:01 /mi
18	Jordan Kasner	30.3 mi	6.5 mi	8:08 /mi
19	Nessa Clark	30.0 mi	5.5 mi	10:45 /mi
20	camryn patterson	27.6 mi	7.0 mi	8:58 /mi
21	Bella DiDonato	26.2 mi	4.1 mi	10:53 /mi
22	Tanner Holtz	25.7 mi	5.2 mi	8:55 /mi
23	Mac Carlson	21.7 mi	7.0 mi	8:33 /mi
24	Noah Ivey	21.0 mi	6.3 mi	8:31 /mi
25	Halle Hyman	19.8 mi	4.5 mi	11:25 /mi
26	Camryn Barker	19.8 mi	4.8 mi	10:29 /mi
27	Teagan Garrett	17.7 mi	3.1 mi	13:41 /mi
28	max deffense	15.1 mi	4.0 mi	13:29 /mi