

Week 2 Newsletter

Aug 13, 2023

Race Day Gear!

One of the most fun parts of the season is when athletes get to wear their **Race Day Kit**. To promote unity and teamwork, all cross country runners, varsity and j.v., are required to look the same on meet day.

The Race Day Kit includes: racing jersey(s), black racing shorts, blue racing shorts (varsity only), team t-shirts (one long and one short sleeved), black Nike Epic Knit Jacket and Pants.

BSN Team Shop v. SchoolPay

Why do we use two different websites to provide cross country gear? The SchoolPay site has a few **Race Day Kit** items that we order over the summer and will be available for athletes before the first meet. Additionally, we contract with the **BSN** company to create a **Team Shop**. This has several items that you should feel free to purchase for family members and athletes alike. The **BSN Team Shop** gear is customized, and orders take several weeks to prepare.

SchoolPay Link: https://schoolpay.com/link/xcraceday23	BSN Team Shop Link Access Code: DqWzy4meDK Shop opens Aug 7
 2023 Meet Day T-shirts (required) \$30. Meet Day Racing Shorts (may use from previous seasons) \$30. 	Black Nike Epic Knit Jacket - \$60.99 Black Nike Epic Knit Pant - \$41.99 Parent gear Optional athlete gear
Due date Aug. 14	Due date Aug. 14

Budgeting for the Cross County Season

Public School is free, right? I wish. There are several financial realities. If you are having concerns, please let us know. We will not allow finances to prevent your kid from running cross country for the BEARS!

- Pay to Participate \$150 (must be paid before uniform is issued this Tuesday)
- Team Fundraising: TBD
- Booster Club \$100
- Race2Honor Sponsorships (more info next week)

Special Upcoming Dates

Aug 19 – 6:30am Long Run at Palm Valley Bridge (Guana Trails)

Aug 25 - First meet of the Year! We need parent drivers! Sign-up here! (must have 100/300 liability coverage)

Aug 28 – Race2Honor Sponsors communicate to John McDonald jfmcdonald@ft.newyorklife.com

Sep 8 – CC Parents to run football concession stand.

Sep 18 – Race2Honor Sponsorships due via SchoolPay... link coming.

Smart Phone Calendar

Want all these dates on your phone calendar? <u>BTXC iCalendar</u>: Open this link from your mobile device to add the team calendar to your phone. This should work on all types of smart phones.



Team Trips

Sept 15-16, Adidas Challenge at Wake Med Soccer Complex

Hotel: Homewood Suites by Hilton Raleigh-Cary 100 Macalyson Court, Cary, NC 27511 Direct: 919.467.4444 | Fax: 919.467.3074 www.raleighcary.homewoodsuites.com

Trans: Charter bus

Sept 29-30 FSU Invitational (Pre-State), Apalachee Regions Park, Tallahassee

JV athletes will travel by school bus to Tallahassee and return to Bartram Trail on the evening of the 29th. Varsity athletes will need to arrange to stay in Tallahassee with either their parents or a teammate's parents. They race early Saturday morning. The coaches will be staying at the Hilton Garden Inn on Thomasville Rd



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First	Last	Grade	Sex	June 5-11	Jun 12-18	Jun 19-25	Jun 26-Jul 2	Jul 3-9	Jul 10-16	Jul 17-23	Jul 24-30	Jul 31-Aug 6	Aug 7-13	Aug 14-20	Aug 21-27	Total
Braden	Motycka	11	М	33.5	32.7	31.66	34.5	40.4	53.5	50	51	60.5				387.76
Joseph	Lupinski	11	М	23.3	27.5	34.4	26.5	28.1	49.8	49.1	43.2	57.4				339.3
Jacob	Parks	12	М	23.8	23	28.1	35.7	31	50.7	39.6	50	27.8				309.7
Bryce	Motycka	9	М	23.8	24.7	20.1	25.5	22.8	34.7	35.2	36.4	40				263.2
Rajya	Kataru	11	F	22	23	21.5	26.8	30	29.7	31	35.4	35.2				254.6
Rylan	Borgmeyer	11	F	28.5	24.9	31	32.6	32.5	23.2	30.9	14.1	23.1				240.8
Aiden	McDonald	12	М	14.1	15.4	17	31.8	41.8	27.8	24.4	11.2	39.8				223.3
Matthew	Presley	11	М	25.1	8.3	8.8	20.2	37.6	43.7		5.6	56				205.3
Sydney	Brockway	12	F	9.2	12.6	2.5	30.5	28.2	27.3	31.9	25.6	32.6				200.4
Caleb	Marmo	12	М		20.3	16.3	19.4	21.3	9	30.9	42	35.6				194.8
Logan	Green	11	М	14	9.1	14.1	21.3	24.2	26.6	29.6	13.3	34.1				186.3
Logan	Wenzel	12	М		7.5	27.2	34.6	20.6		36.7	14.6	43.7				184.9
Kennedy	Pidcock	12	F	18.3	15.7	19.8	10.4	30	30.5	7.5	15.4	18.8				166.4
Katherine	Wenzel	10	F	4.6	4.6	12.8	21.6	10.8	17.9	21.4	11.8	12				117.5
William	Hall III	12	М			1.7	2.5	15.7	8.8	29.4	26.4	29.8				114.3
Reagan	Parker	10	F		21.4	18.9	12.5	16.2	16		11.3	10.5				106.8
Joshua	Kautsky	10	М	7	4.9	3.4	10.6	9.1	15.7	26.3	12.7	14.8				104.5
Anya	Southamma vong	12	F			1	5.9	7.4	11.3	24.3	26.8	26.7				103.4
Noah	lvey	9	М	2.9	9.8	14.9	5.9	6.7	12.7	20.5	13	13.7				100.1
Tanner	Holtz	10	F		5.9	8	11.9	6.6	17.9	4.1	22.4	15.3				92.1
Andrew	Slentz	10	М		9.8	6.1	10.7		2.6	18.7	13.8	9.6				71.3
lan	Nguyen	11	М	7.9	9	17.3	17.7	7		3.6	4.6					67.1
Isabella	DiDonato	10	F		12.7	4.8		11.1	13.4	3.7	2.1	16.8				64.6
Camryn	Patterson	11	F						8	24.9	6.1	20.7				59.7
Madelyn	Martin	10	F					4.1	11.7	18.5	13.5	9.2				57
Inessa	Daria (Clark)	11	F		1	2.2		1.4	7	24.1	9.2	11.8				56.7
Vincent	Palacios	11	М	3.1	8.8	3	15.2	2.6		2.2		11.8				46.7
Hailey	Brabston	9	F				1.4	1.5	7.6	2	8.1	7.5				28.1
Mackenzie	Carlson	12	F						6		7	8				21
Paul	Fryman	9	М			9.5					2.5					12
Teagan	Garrett	9	F									12				12
Camille	Clark	10	F	2.2		2.2										4.4
Irelyn	Renner	10	F					3.5								3.5
Gracyn	Smith	12	F	2.1												2.1
Camryn	Barker	10	F													0
Juliet	Barker	10	F													0
Ashley	Clements	10	F													0
Lucas	Clements	12	M													0
Colton	Reynolds	9	М													0
Peyton	Goodwin	12	F													0
Elanor	Oelkers	9	F													0
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