



CROSS COUNTRY

Week 2 Newsletter

Aug 13, 2023

Race Day Gear!

One of the most fun parts of the season is when athletes get to wear their **Race Day Kit**. To promote unity and teamwork, all cross country runners, varsity and j.v., are required to look the same on meet day.

The Race Day Kit includes: *racing jersey(s), black racing shorts, blue racing shorts (varsity only), team t-shirts (one long and one short sleeved), black Nike Epic Knit Jacket and Pants.*

BSN Team Shop v. SchoolPay

Why do we use two different websites to provide cross country gear? The SchoolPay site has a few **Race Day Kit** items that we order over the summer and will be available for athletes before the first meet. Additionally, we contract with the **BSN** company to create a **Team Shop**. This has several items that you should feel free to purchase for family members and athletes alike. The **BSN Team Shop** gear is customized, and orders take several weeks to prepare.

SchoolPay Link: https://schoolpay.com/link/xcraceday23	BSN Team Shop Link Access Code: DqWzy4meDK Shop opens Aug 7
<ul style="list-style-type: none"> • 2023 Meet Day T-shirts (required) \$30. • Meet Day Racing Shorts (may use from previous seasons) \$30. 	<ul style="list-style-type: none"> • Black Nike Epic Knit Jacket - \$60.99 • Black Nike Epic Knit Pant - \$41.99 • Parent gear • Optional athlete gear
Due date Aug. 14	Due date Aug. 14

Budgeting for the Cross County Season

Public School is free, right? I wish. There are several financial realities. If you are having concerns, please let us know. We will not allow finances to prevent your kid from running cross country for the BEARS!

- [Pay to Participate - \\$150](#) (must be paid before uniform is issued this Tuesday)
- Team Fundraising: TBD
- [Booster Club \\$100](#)
- [Race2Honor Sponsorships](#) (more info next week)

Special Upcoming Dates

Aug 19 – 6:30am Long Run at Palm Valley Bridge (Guana Trails)

Aug 25 – First meet of the Year! [We need parent drivers! Sign-up here!](#) (must have 100/300 liability coverage)

Aug 28 – Race2Honor Sponsors communicate to John McDonald jfmcdonald@ft.newyorklife.com

Sep 8 – CC Parents to run football concession stand.

Sep 18 – Race2Honor Sponsorships due via SchoolPay... link coming.

Smart Phone Calendar

Want all these dates on your phone calendar? [BTXC iCalendar](#): Open this link from your mobile device to add the team calendar to your phone. This should work on all types of smart phones.



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Team Trips

Sept 15-16, Adidas Challenge at [Wake Med Soccer Complex](#)

Hotel: Homewood Suites by Hilton Raleigh-Cary
100 Macalysen Court, Cary, NC 27511
Direct: 919.467.4444 | Fax: 919.467.3074
www.raleighcary.homewoodsuites.com

Trans: Charter bus

Sept 29-30 FSU Invitational (Pre-State), [Apalachee Regions Park, Tallahassee](#)

JV athletes will travel by school bus to Tallahassee and return to Bartram Trail on the evening of the 29th. Varsity athletes will need to arrange to stay in Tallahassee with either their parents or a teammate's parents. They race early Saturday morning. The coaches will be staying at the Hilton Garden Inn on Thomasville Rd

