



CROSS COUNTRY

Week 3 Newsletter

Aug 14, 2022

Team Kits

BSN Team Shop: <https://bsnteamssports.com/shop/NxzcVaUnas>

Access Code: NxzcVaUnas

Closes Monday Aug 15!

- 2022 Blue Nike Legend Long Sleeve T-Shirt \$40 (purchased on BSN Team Shop)
- Black Nike Epic Knit Jacket - \$60 (purchased on BSN Team Shop)
- Black Nike Epic Knit Pant - \$40 (purchased on BSN Team Shop)

SchoolPay: [Shorts and Team T-shirt](#)

- Blue Nike Racing shorts \$30 (purchased on SchoolPay – varsity only)
- Black Nike Racing shorts - \$30 (purchased on SchoolPay – j.v. and varsity)
- 2022 Meet Day T-Shirt - \$15 (purchased on SchoolPay – j.v. and varsity)

Budgeting for the Cross County Season

Public School is free, right? I wish. There are several financial realities and I want to mention them up front. If you are having concerns, please let us know. We will not allow finances to prevent your kid from running cross country for the BEARS!

- Pay to Participate - \$150
 - Link Here: <https://schoolpay.com/pay/for/Fall-2022-Pay-to-Participate/SbwxCCF>
- Team Fundraising (more on that at parent meeting)
- [Booster Club](#) (more on that at parent meeting)
- Race2Honor Sponsorships (Honoring cancer victims this season, more on that at parent meeting)

Special Upcoming Dates

Aug 19 – CC Parents to run football concession stand. Please sign-up here: [XC Team Concession Volunteer](#)

Aug 20 – Hounds and Hares / Parent Meeting 9:00am BT Cafeteria

Aug 26 – First meet of the Year!

Smart Phone Calendar

Want all these dates on your phone calendar? [BTXC iCalendar](#): Open this link from your mobile device to add the team calendar to your phone.

Borgmeyers are organizing a Shoe Drive

See info sheet at end of this letter. Good cause and potential fundraiser for BTXC.

Weekly Practice Schedule Starting Aug 15th

Practice will typically run for 90-120mins.

| M | T | W | Th | Fri | Sat |
|--------|-----------------------------|-------------------|-----------------------------|--------|--------|
| 6:30am | 6:30am | 6:30am or OFF Day | 6:30am | 6:30am | 6:30am |
| | 4:00pm (Optional for JV) | | 4:00pm (Optional for JV) | | |



CROSS COUNTRY

Manhattan Invite, NYC Invited List

New York Trip Info: Oct 7-9

The plan is to arrive in NYC early on Friday. We will enjoy the city, run in Central Park, and go out to dinner. Saturday, we take the NY Subway to Brooklyn for the biggest one-day HS XC meet in the nation, The Manhattan Invitational at VanCortlandt Park. Saturday night will be more fun in the city. Sunday will be a long run in Central Park and more touring until we must go to the airport.

Hotel: Park Central Hotel New York
870 7th Ave, New York, NY 10019

Parents are welcome and encouraged to attend. They can make hotel reservations where they'd like or book a room at the team hotel.

| Boys | | Girls | |
|------|-----------------|-------|------------------|
| 1 | Billy Hall | 1 | Rylan Borgmeyer |
| 2 | Eric Perry | 2 | Laura Frank |
| 3 | Joseph Watson | 3 | Abigail Mitchell |
| 4 | JD Lupinski | 4 | Charlotte Fryman |
| 5 | Logan Wenzel | 5 | Lily Lupinski |
| 6 | Maddox Ray | 6 | Reese Henley |
| 7 | Matthew Presley | 7 | Samantha Blanton |
| 8 | Braden Motycka | 8 | Mac Carlson |
| 9 | Peter Hudson | 9 | Camryn Patterson |
| 10 | Caleb Marmo | 10 | Ashley Davis |
| 11 | Jacob Parks | 11 | Senali Perera |
| 12 | TBD | 12 | Haley Blakely |
| 13 | TBD | 13 | TBD |
| 14 | TBD | 14 | TBD |

Don't see your name on the invited list? We still have room for 7 more boys and girls. Priority will be to varsity and then other seniors. We cannot take anyone who has not meet training expectations.

While we will raise money for athlete and coach hotel expense, invited athletes must arrange their own flight. Travel with your parents, a coach, or another family. We will share flight info as parents communicate it to the coaching staff so that we can cluster in similar travel parties. Coach Frank's flight is on JetBlue, has seats available, is direct, and was relatively inexpensive. We will continue to share team flight info as parents communicate their plans.

| <u>The Franks are flying JetBlue</u> | <u>The Borgmeyers are flying Delta</u> | <u>The Motycka's are flying Delta</u> |
|--------------------------------------|--|---|
| JAX to LGA | JAX to LGA | |
| Date: Fri, Oct 07 | Date: Thu, Oct 06 (1 extra night) | Date: Wed Oct 05 (2 extra nights) |
| Departs: 6:00am | Departs: 7:30am | Departs: 6:37pm |
| Arrives: 8:12am | Arrives: 9:59am | Arrives: 9:07pm |
| Flight: 1840 | Flight: 5729 | |
| LGA to JAX | LGA to JAX | LGA to JAX |
| Date: Sun, Oct 09 | Date: Sun Oct 09 | Date: Sun Oct 09 |
| Departs: 9:30pm | Departs: 7:30pm | Departs: 7:30pm |
| Arrives: 11:44pm | Arrives: 10:15pm | Arrives: 10:15pm |
| Flight: 1839 | Flight: 5701 | Flight: 5701 |
| | | Additional Nights, must arrange hotel OYO |



CROSS COUNTRY

BT XC Sneaker Drive



Bring all sneakers to donate.

NEW/GENTLY USED/VERY USED

Drop off at Bartram Tail High School

Hounds & Hares Meet and

Parent Team Meeting