



# Bartram Trail Cross Country

And their friends and  
sponsors



Presents the 19<sup>th</sup> annual  
**BALE -n- TRAIL**  
Cross Country Original  
Saturday September 19<sup>th</sup>, 2020

### TIME SCHEDULE

Coach's Meeting - none  
HS Boys Heat 1 – 7:20am  
HS Girls Heat 1 – 7:40am  
HS Boys Heat 2 – 8:00am  
HS Girls Heat 2 – 8:20am  
Frosh-Soph Boys\* – 8:40am  
Frosh-Soph Girls\* – 9:00am

Varsity: \$100 per school  
9<sup>th</sup>/10<sup>th</sup> race: \$100 per school

**Checks payable to:**  
**Bartram Trail HS**

**7399 Longleaf Pine Pkwy, St. Johns FL 32259**

Entry will be done on: [www.directathletics.com](http://www.directathletics.com)

Entry Deadline: Tuesday Sept 15<sup>th</sup>, 11:59pm

- The Open race is for your varsity and all other 11<sup>th</sup> and 12<sup>th</sup> graders.\*
- Teams will be assigned a team camp area.
- Athletes will be asked to leave campus as soon as their race is over.
- The meet will be limited to approx. 20 schools.
- FHSAA sanctioned schools only. No club teams.
- \*coaches should run Jr/Sr in the Fr/So race if they are unable to run 22:00 for boys 25:00 girls

[david.frank@stjohns.k12.fl.us](mailto:david.frank@stjohns.k12.fl.us)

Admission:

\$5.00 per adult (students free)

Head Boys Coach: David Frank (904) 662-091

Head Girls Coach: Melissa Roughan (904) 710-0877

**\*\*Only calls from coaches will be returned\*\***

fax: (904) 547-8359

phone: (904) 547-8340

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