

Bartram Trail Cheerleading 2022-2023 Constitution

I. Organization

- A. This Constitution has been written and adopted for the Bartram Trail Cheerleading Team *and may be revised at any time.*
- B. The purpose of the Bartram Trail Cheerleading Team is to:
 - 1. Create school spirit, pride and loyalty.
 - 2. Promote interest in school activities and perform at school games.
 - 3. Develop responsibility, teach self-respect, encourage honest effort, strive for perfection, and develop character.
 - 4. Teach teamwork and pride in a quality performance through maintaining high standards.

II. Eligibility

- A. Each member must maintain a 2.00 grade point average
 - 1. If a member goes under a 2.00 GPA, that member will be put on probation.
 - 2. Probation for failing grades will consist of tutoring and/or being benched from games and/or practices until grades are brought up.
 - 3. Members who are on probation are still required to attend all practices and events.

III. Practice/Games

- A. Practices and Games are mandatory.
- B. Cheerleaders must arrive to practice and games on time, wearing proper shoes and clothing.
 - 1. Hair needs to be out of the eyes and in a secured ponytail.
 - 2. Chewing gum during practices/games is prohibited.
 - 3. No jewelry!
 - 4. Nails need to be athletic length- (should not be able to see from palm side)
 - 5. All taping or visits to the trainer must be done prior to start time.

IV. Attendance

- A. **If a member is missing practice for any reason, an absentee form must be filled out and turned in a week prior to the missed practice. If missing due to illness or doctors appointment a doctor's note is required upon return.**
- B. If a member/alternate misses ANY practice, he/she may be benched for the next performance and risk their spot in routine.
 - 1. All doctor appointments, etc. should be scheduled so they do not interfere with team activities (this includes 7th period Cheer Class).
 - 2. Excessive absences may result in probation and/or dismissal from the team.
- C. If a member/alternate misses ANY performance, he/she may be put on immediate probation and/or dismissed from the team.
- D. All members and alternates must attend every activity, every practice and performance in its entirety.
 - 1. Work is not considered an excuse for missing any activity.
- E. If a member is injured or has an illness, a written letter of permission from a physician before the member can return to practice.

V. Tardiness

- A. All members and alternates are expected to be on time to all activities, practices and performances.
 - 1. "On Time" meaning the member is fully equipped to start practice (dressed, shoes on, hair up, jewelry out, stretched out)
- B. **Excessive tardies may result in being benched from performances and/or removal from the active member squad.**
 - 1. **A parent explanation will not be considered as an excuse for being tardy.**

VI. Medical

- A. Members and parents assume all medical risks.

VII. Uniform

- A. Each member will be required to maintain his/her uniform in good condition and cleanliness on a weekly basis.
- B. Each Member will be required to purchase one uniform.
- C. All other uniforms will be provided and will be the property of BTHS.

VIII. Character

- A. Team members WILL always BE leaders within the school and set a good example.
- B. Team members WILL BE above reproach maintaining good personal appearance and habits that cannot be criticized.
 - 1. Smoking, drinking and/or drug use, inappropriate social media accounts are grounds for suspension or dismissal by the Coach and/or administration.**
- C. All members MUST BE courteous and friendly to all other team members, student body, other teams and visitors, all Coaches, any Assistants and Administration.
- D. Members will refrain from gossiping about other members of the squad, Coaches and any assistant Coaches.
 - 1. This may include, but is not limited to, name calling, spreading rumors about other teammates, talking negatively about other teammates, the coaches, and/or assistant coaches such as sending negative or threatening text messages to other teammates or making negative comments about other teammates on Social Media sites.
 - 2. Members found participating in any of the actions listed above will be handled on a case by case basis, which may result in dismissal from the team.
 - 3. Members must approach the coaches if there is an issue that needs to be addressed.
- E. Excessive school-imposed discipline or low grades may result in probation and/or dismissal from the team.

IX. Parent Involvement

- A. Practices and tryouts are closed to parents unless otherwise specified.
- B. During activities, practices and performance parents will refrain from approaching their child, coaches and/or any other member on the team until the team has been released by the coach.
- C. Parents will refrain from gossiping about other members of the squad, coaches and any assistant coaches.
- D. Parents must approach the coaches if there is an issue that needs to be addressed.
- E. Parents are responsible for dropping/off and picking up their child on time for all activities, practices and performances.
- F. Parents may not use cheerleading as a form of home discipline.

X. Finances

- A. Camp fees (due 6/6) are the responsibility of the squad member.
- B. Choreography fees (due 6/20) are the responsibility of the squad member.
- C. Additional expenses such as camp/practice cheer apparel and team warm-ups are the responsibility of the squad member. (due 6/6)
- D. Fees (One time payment due 8/1 or monthly payment schedule) Include routine music, competition fees (except Nationals) and supplies (signs, poms and flags), routine clean-ups, uniform updates and upkeep, etc.

1. One team -\$500

2. Two teams- \$600

E. Zone Fees are the responsibility of the squad member (Due 15th of every month).

1. One time Gym Registration Fee (Due June) \$35.00

2. Monthly Gym Fees: August- Jan \$70

XI. FundRaising/Sponsorship

A. All members are encouraged to participate in all team fund-raising and sponsorship program.

XII. Tryouts

A. **If a member quits or is removed from the team for any reason, it is at the discretion of the coaches and/or administration to allow a member back on to the active team the following season.**

KEEP FOR YOUR RECORDS

Bartram Trail High School Cheerleading 2022-2023 Constitution

I have read and understand the BTHS Cheerleading Constitution. I agree to adhere to all the rules and regulations set forth for the team. Please check that you read and understand each section of the constitution.

- € Organization
- € Eligibility
- € Practice/Games
- € Attendance
- € Tardiness
- € Uniform
- € Medical
- € Character
- € Parent Involvement
- € Finances
- € Fundraising/Sponsorship
- € Tryouts

Parent (Guardian) Signature

Date

Cheerleader Signature

Date