

Danielle Parker
Head Cheerleading Coach
Bartram Trail HS

Dear Cheer Candidate,

Welcome to cheer tryouts. You have chosen to try out for a sport that can be very rewarding and fun, but also time-consuming and difficult. Cheerleading is an activity for the highly motivated, enthusiastic and healthy. *It is one of the most time consuming sports/activities in high school.* It is not a sport for students who have trouble maintaining good attendance and good grades. It requires excellent time management skills, endurance and athletic ability, and a real "sportsmanlike" attitude. *Cheerleading can be a fun rewarding experience, a wonderful conditioner, and a great leadership builder for students who are prepared and willing to accept the responsibilities involved.* In this packet you will find all the information you need in order to try out for BTHS Cheerleading. Please read everything carefully. Listed below are the requirements for trying out and the contents of this packet.

1. Class Standing: Each candidate must currently be in 8th – 11th grade.
2. Grades: Each candidate must have a cumulative GPA of at least 2.5. You must make a copy of your 3rd quarter report card.
3. Class: Candidates must plan on being in 7th period cheer class on campus. (only exception is if BTHS has a scheduling conflict; if planning to dual enroll I need you to have a conversation with me)
4. Coach Evaluation Form: Each candidate must have a former or current coach fill out the Coach Evaluation Form. Form found in packet. (If you cheered for BTHS 2019-2020 season, your coach will complete this)
5. Teacher Recommendation Form: Each candidate must submit confidential evaluation forms to three teachers. Make sure to put your name in the appropriate place before you give the form to your teachers and provide your teacher with an envelope. These forms can to returned to my mailbox at BTHS (Danielle Parker), sent through inner office mail from local MS or mailed to Danielle Parker
7399 Longleaf Pine Pkwy
St. Johns, FL 32259
****Recommendations are due April 20th.**
6. Questionnaire: Each candidate must fill out the questionnaire that is included. Please type your responses. This is Due April 20th.
7. Medical Forms: Athletic Clearance via Athletic Webpage
8. Mandatory Clinic Dates @ SPMS
4/27- 4/28 4-6pm
4/29 6-8 pm (possible cuts after this day)
5/5 - 5/6 4-6pm
Final Try-out Date: May 8th
Team Placement posted on 5/8 @ 9pm on BTHS Cheer Webpage

2020-2021

Cheerleading Tryout Questionnaire

Directions: Please answer the following questions. Please type your answers and return to Coach Parker by April 20th.

1. Name, Year in School
2. If you had to define it, what is the job description of a cheerleader?
3. Why should cheerleaders be good role models?
4. When you are making mistakes or not doing your best, what things help to motivate you?
5. How would you take direction from another squad member?
6. What are some goals or ideas you have in mind for yourself next year if you are selected to be a part of our cheer program? Be specific as possible.
7. When you have a conflict between you and another person, how do you resolve it?
8. What is your motivation for wanting to be a part of this program?

Pre Tryout Clinics

What: Stunt and Tumble
Where: @Zone All-Stars
When: Saturday, April 18th
Time: 4:00PM -6:00 PM
Cost: \$40

Make sure to register on their website ahead of time.

www.zonecheerallstars.com

*** For Anyone new to BTHS Cheer

*** Highly recommended for former BTHS Cheerleaders to attend

Tryouts:

Monday, April 27 – Mile Run (Bring running shoes), Stunting and tumbling 4-6 @ SPMS

Tuesday, April 28 – Stunting and tumbling 4-6 @ SPMS

Wednesday– April 29 -Stunting and tumbling 6-8 @ SPMS

***Possible Cuts

Tuesday, May 5 – Learn Dance and Cheer, Stunt 4-6 @ SPMS

Wednesday– May 6 –Review Dance and Cheer, Stunt 6-8 @ SPMS

Friday, May 8 -Tryout @ SPMS 4 PM -whenever we are done.

-On Friday, please wear:

Blue or Black shorts

White shirt

Hair in ponytail with a bow

Natural Make-up

Friday, May 8 - Team placement Posted on BTHS Cheer webpage @ 9PM

Wednesday, May 13th – Varsity Fitting 3:30PM; JV fitting 5:00PM