

Danielle Parker  
Head Cheerleading Coach  
Bartram Trail HS

Dear Cheer Candidate,

Welcome to cheer tryouts. You have chosen to try out for a sport that can be very rewarding and fun, but also time-consuming and difficult. Cheerleading is an activity for the highly motivated, enthusiastic and healthy. *It is one of the most time consuming sports/activities in high school.* It is not a sport for students who have trouble maintaining good attendance and good grades. It requires excellent time management skills, endurance and athletic ability, and a real “sportsmanlike” attitude. *Cheerleading can be a fun rewarding experience, a wonderful conditioner, and a great leadership builder for students who are prepared and willing to accept the responsibilities involved.* In this packet you will find all the information you need in order to try out for BTHS Cheerleading. Please read everything carefully. Listed below are the requirements for trying out and the contents of this packet.

1. Class Standing: Each candidate must currently be in 8<sup>th</sup> – 11<sup>th</sup> grade.
2. Grades: Each candidate must have a cumulative GPA of at least 2.5. You must make a copy of your 3<sup>rd</sup> quarter report card.
3. Class: Candidates must plan on being in 7<sup>th</sup> period cheer class on campus. (only exception is if BTHS has a scheduling conflict; if planning to dual enroll I need you to have a conversation with me )
4. Coach Evaluation Form: Each candidate must have a former or current coach fill out the Coach Evaluation Form. Form found in packet. (If you cheered for BTHS 2018-2019 season, your coach will complete this)
5. Teacher Recommendation Form: Each candidate must submit confidential evaluation forms to four teachers. Make sure to put your name in the appropriate place before you give the form to your teachers and provide your teacher with an envelope. These forms can be returned to my mailbox at BTHS (Danielle Parker), sent through inner office mail from local MS or mailed to Danielle Parker

7399 Longleaf Pine Pkwy

St. Johns, FL 32259

**\*\*Recommendations are due May 8<sup>th</sup>.** Anything received after that will not be tabulated.

6. Questionnaire: Each candidate must fill out the questionnaire that is included. Please type your responses. This is Due May 8<sup>th</sup>.
7. Medical Forms: Register My Athlete
8. Physical In-Person Try-out 4/20-4/21 and 4/23  
Team Placement posted on 4/24 @ 12PM on BTHS Cheer Webpage

2018-2019  
Cheerleading Tryout Questionnaire

Directions: Please answer the following questions. Please type your answers and return to Coach Parker by May 8<sup>th</sup>.

1. Name, Year in School
2. Approximate GPA
3. If you had to define it, what is the job description of a cheerleader?
4. Why should cheerleaders be good role models?
5. When you are making mistakes or not doing your best, what things help to motivate you?
6. How would you take direction from another squad member?
7. What are some goals or ideas you have in mind for yourself next year if you are selected to be a part of our cheer program? Be specific as possible.
8. When you have a conflict between you and another person, how do you resolve it?
9. What is your motivation for wanting to be a part of this program?

## Pre Tryout Clinics

What: Workouts/Conditioning

Where: @Zone All-Stars

When: Wednesday's starting April 24<sup>th</sup>- May 15<sup>th</sup>

Time: 4:30PM -6:00 PM

Contact ZONE for information. Make sure to register on their website ahead of time.

[www.zonecheerallstars.com](http://www.zonecheerallstars.com)

\*\* All Clinics will be used to score stunting, tumbling and jump skills for try-outs. Looking for technique and consistency.

## **Tryouts:**

**Monday**, May 20<sup>th</sup> – Learn Cheer and Dance 4-6 @ BTHS

**Tuesday**, May 21<sup>st</sup> – Review Cheer and Dance 4-6 @ BTHS

**Thursday**, May 23<sup>th</sup>– Tryout @ BTHS 4 PM -whenever we are done.

-On Thursday, please wear:

Blue or Black shorts

White shirt

Hair in ponytail with a bow

Natural Make-up

**Friday**, May 24<sup>th</sup>- Team placement Posted on BTHS Cheer webpage @ 12PM

**Friday**, May 24<sup>th</sup> – Varsity Fitting 1PM; JV fitting 3PM

- 2019-2020 JV and Varsity Athletes will be invited to a team dinner on Saturday May 25<sup>th</sup>. Address will be given at fitting on Friday. Varsity girls will sleepover.
- We will have our apparel fitting and parent meeting for those selected on Friday, May 24<sup>th</sup> at BTHS: Varsity 1:00PM; JV 3:00PM

## How Will I Be Scored?

100%

Teacher Recommendations (4) 20%

Coaches Recommendation 20%

GPA 10%

Questionnaire 5%

Clinics 5%

Skills 40%

*Percentage break down within skills%*

Stunt 35% (judged the 4 clinics)

Cheer/Motions 30%

Dance 10%

Tumble 10% (skills and technique) (Judged at 4 clinics)

Jumps 10% (judged at 4 clinics)

Overall Presence 5%

