

Dear incoming BT soccer players,

Welcome to Bartram Trail High School! Thank you for your interest in the Bartram Trail Soccer Program. Our program has had much success as a result of the dedication, commitment, and hard work of the student athletes. Players must be able to balance academics, family, club soccer, and high school soccer at once so it takes a special individual to be a high school athlete.

It will be very competitive to make the JV or Varsity soccer team at Bartram Trail so you will need to start preparing now both physically and mentally. These are qualities I look for in our soccer players.

- Fitness
- Speed/athleticism
- Technical abilities
- Tactical Awareness
- Speed of Play
- Strong Mentality

There will be some summer opportunities to help prepare for tryouts that will begin on October 22. To participate you will need to have all forms completed online.

Summer Dates... (meet at field 3 each day)

Tuesday, June 19 9-11 am Tuesday, July 24 9-11

Wednesday, June 20 9-11 am Wednesday, July 25 9-11

Thursday, June 20 9-11 am Thursday, July 26 9-11

## REQUIRED FORMS BEFORE ANY PARTICIPATION

- Uploaded Physical Form
- Parent Consent Form
- Concussion & Heat Related Illness Form
- EL3CH Addendum
- Concussion Form
- <u>http://www-bths.stjohns.k12.fl.us/athletics/forms/</u>

Hope to see everyone this summer!! GO BEARS!!!!!

Head Varsity Soccer Coach- Jen West

Email: jenwest142@gmail.com or text/call: 904-657-8687

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