

# July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 OFF	3	4 OFF	5 OFF	6	7
8	9 Lifting and Open Gym 6AM- 8:30AM JJVA SL- V-4:30PM JV1 & 2- 6:30PM	10	11 Lifting and Open Gym 6AM- 8:30AM	12 Lifting and Open Gym 6AM- 8:30AM	13	14
15	16 Lifting and Open Gym 6AM- 8:30AM JJVA SL- V-4:30PM JV1 & 2- 6:30PM	17	18 Lifting and Open Gym 6AM- 8:30AM	19 Lifting and Open Gym 6AM- 8:30AM	20	21 UCF CAMP Varsity and JV 1
22 UCF CAMP Varsity and JV1	23 UCF CAMP Varsity and JV1	24	25 Lifting and Open Gym 6AM- 8:30AM	26 Lifting and Open Gym 6AM- 8:30AM	27	28
29	30 Lifting and Open Gym 6AM- 8:00AM	31 1 <sup>st</sup> day of Tryouts- TBA				

## VOLLEYBALL

### Expectation:

You must be at lifting in order to participate in open gym

Contact Info- Coach Kekic: lmkekic@gmail.com