



# Friday Night Spikes

12<sup>th</sup> Annual

BARTRAM TRAIL HIGH SCHOOL

**Friday April 7th, 2017**

Entry Limits: Unlimited – Varsity Level Athletes Only\*, no Middle School or JV

Entry Fee: \$125/school

Entry Deadline: Tues, April 4<sup>th</sup>, 2017

This meet is not team scored. There are no awards.

### **Field Events:**

4:45pm Boys Discus/ Girls to follow  
Girls Shot/ Boys to follow  
Boys & Girls LJ/ TJ to follow  
Pole Vault Boys & Girls together  
Boys High Jump / Girls to follow

### **Running Events:**

4:45 4x800m Relay  
5:45pm 100/110 Hurdles  
100m  
1600m  
4x100m Relay  
400m  
300m Hurdles  
800m  
200m  
3200m  
4x400m Relay

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