

2019-20 BTHS Swim Team Tryouts

Dear Swimmer:

We want to welcome you to another great season of swimming. Please make sure that you have complete all online paper work through the **BT “My Athlete” portal**. If the paperwork is not complete, you will not be able to train or tryout for the team.

Like any other team at BTHS there is a “tryout” period in order to make the team. Below is the following schedule and tryout process.

Training

July 29, 2019	Team Meeting and Swim 4:00-6:00
July 30, 2019	Swim Conditioning
July 31, 2019	Swim Conditioning
Aug. 1, 2019	Swim Conditioning
Aug. 2, 2019	Swim Conditioning
Aug. 5, 2019	Swim Conditioning

Tryouts will be a two-day heptathlon swim meet

Aug. 6, 2019	Events: W/M 50 Free W/M 100 Free W/M 200 Free
Aug. 7, 2019	Events W/M 50 Butterfly W/M 50 Backstroke W/M 50 Breaststroke W/M 100 IM

Times will be added together to create an overall time. The top 25 girl’s and top 25 boy’s times will be selected for the 2018-19 swim season

Example

John Doe

50 Free	24.65
100 Free	59.22
50 Fly	29.51
50 Back	31.78
50 Breast	35.66
100 I.M.	1:23.93
Total Time	264.47 secs (4:24.47)

Divers!!

If you are interested in diving, please contact Atlantic Coast Diving in Mandarin. Coach Gill takes care of the divers for Bartram Trail High School.

Phone 904-947-3483

Email CoachCourtney@AtlanticCoastDivingJax.com