



Bartram Trail Cross Country

And their friends and
sponsors



Presents the 17th annual BALE -n- TRAIL

Cross Country Original

Saturday September 14th, 2019

TIME SCHEDULE

Coach's Meeting - 6:30am
Varsity Boys - 7:30am
Varsity Girls - 8:00am
9th/10th Boys - 8:30am
9th/10th Girls - 9:00am
Middle School - 9:30am

Varsity: \$100 per school
9th/10th grade race: \$50 per school
Combined gender middle school race: \$50 per school

Checks payable to:

Bartram Trail HS
7399 Longleaf Pine Pkwy, St. Johns FL 32259

Entry will be done on: www.directathletics.com
Entry Deadline: Tuesday Sept 10th, 11:59pm

- **Unlimited 11th and 12th graders in varsity race.**
 - All athletes running in the varsity races must reach the 2mile mark by 18mins or they will be removed.
 - Run older athletes in 9th/10th grade race if they cannot run 9min pace.
- **The meet will be limited to 30 teams. Email to reserve a spot.**
david.frank@stjohns.k12.fl.us

Admission:

\$5.00 per adult (students free)

Head Boys Coach:	David Frank	(904) 662-091
Head Girls Coach:	Melissa Roughan	(904) 710-0877

****Only calls from coaches will be returned****

fax: (904) 547-8359
phone: (904) 547-8340
7399 Longleaf Pine Pkwy St. Johns FL. 32259

