

Danielle Parker
Head Cheerleading Coach
Bartram Trail HS

Dear Cheer Candidate,

Welcome to cheer tryouts. You have chosen to try out for a sport that can be very rewarding and fun, but also time-consuming and difficult. Cheerleading is an activity for the highly motivated, enthusiastic and healthy. *It is one of the most time consuming sports/activities in high school.* It is not a sport for students who have trouble maintaining good attendance and good grades. It requires excellent time management skills, endurance and athletic ability, and a real “sportsmanlike” attitude. *Cheerleading can be a fun rewarding experience, a wonderful conditioner, and a great leadership builder for students who are prepared and willing to accept the responsibilities involved.* In this packet you will find all the information you need in order to try out for BTHS Cheerleading. Please read everything carefully. Listed below are the requirements for trying out and the contents of this packet.

1. Class Standing: Each candidate must currently be in 8th – 11th grade.
2. Grades: Each candidate must have a cumulative GPA of at least 2.5. You must make a copy of your 3rd quarter report card.
3. Class: Candidates must plan on being in 7th period cheer class on campus. (only exception is if BTHS has a scheduling conflict)
4. Coach Evaluation Form: Each candidate must have a former or current coach fill out the Coach Evaluation Form. Form found in packet. (If you cheered for BTHS 2017-2018 season, your coach will complete this)
5. Teacher Recommendation Form: Each candidate must submit confidential evaluation forms to four teachers. Make sure to put your name in the appropriate place before you give the form to your teachers and provide your teacher with an envelope. These forms can be returned to my mailbox at BTHS (Danielle Parker), sent through inner office mail from local MS or mailed to Danielle Parker
7399 Longleaf Pine Pkwy
St. Johns, FL 32259
**Recommendations are due May 18th. Anything received after that will not be tabulated.
6. Questionnaire: Each candidate must fill out the questionnaire that is included. Please type your responses. This is Due May 18th.
7. Medical Forms: Register My Athlete
8. Physical In Person Try-out 4/21, 4/23-4/24 @ BTHS

2018-2019
Cheerleading Tryout Questionnaire

Directions: Please answer the following questions. Please type your answers and return to Coach Parker by May 18th.

1. Name, Year in School
2. Approximate GPA
3. Rising 11th and 12th graders: Are you okay with being an alternate on Varsity?
Rising 10th graders: Are you okay with being an alternate on JV or Varsity? Which would you prefer non-alternate on JV or Alternate on Varsity?
Rising 9th: Are you okay with being an alternate on JV?
4. If you had to define it, what is the job description of a cheerleader?
5. Why should cheerleaders be good role models?
6. When you are making mistakes or not doing your best, what things help to motivate you?
7. How would you take direction from another squad member?
8. What are some goals or ideas you have in mind for yourself next year if you are selected to be a part of our cheer program? Be specific as possible.
9. When you have a conflict between you and another person, how do you resolve it?
10. What is your motivation for wanting to be a part of this program?

Pre Tryout Clinics

What: Workouts/Conditioning

Where: @Zone All-Stars

When: Wednesday's starting April 4, 2018- May 16, 2018

Time: 3:30PM -5:30PM

Contact ZONE for information. Make sure to register on their website ahead of time.

www.zonecheerallstars.com

** Clinics on May 2nd, 9th and 16th will be used to score stunting skills for try-outs.

Tryouts:

Monday, May 21st – Learn Cheer and Dance 2-4 @ BTHS

Wednesday, May 23rd– Tryout Clinic 4-6PM @ BTHS

Thursday May 24th– Tryout @ BTHS 4 PM -whenever we are done.

-On Thursday, please wear:

Blue or Black shorts

White shirt

Hair in ponytail with a bow

Natural Make-up

Team placement will be posted later that evening on May 24th. Please refer to the BTHS Cheerleading webpage to see team selections.

- 2018-2019 JV and Varsity Athletes will be invited to a team dinner. Address will be given that night. Varsity girls will sleepover.
- We will have our apparel fitting and parent meeting for those selected on Tuesday, May 29th at BTHS (location TBA) @ 5:30PM

How Will I Be Scored?

100%

Teacher Recommendations (4) 20%

Coaches Recommendation 20%

GPA 10%

Questionnaire 5%

Clinics 5%

Skills 40%

Percentage break down within skills%

Stunt 35% (judged the 3 clinics in May)

Cheer/Motions 30%

Dance 10%

Tumble 10% (standing/running skills and technique)

Jumps 10%

Overall Presence 5%

